

8th ASEAN Conference on PRIMARY HEALTH CARE

Kinta Riverfront • Ipoh • Malaysia
7-9 Jun 2013

SURVIVING the TRANSFORMATION



For further information
& registration,
please contact:

Ms Wendy Wong,
8th ASEAN Conference
on Primary Health Care,
c/o KPJ Ipoh Specialist Hospital,
26 Jalan Raja Dihilir,
30350 Ipoh, Perak, Malaysia.

Tel & Fax:
+6(05) 242 6549

Email:
pmmps.secretariat@gmail.com

Web:
www.pmmps.org.my

Jointly organised by
Perak Medical Practitioners' Society Postgraduate Medical Education Society



**FINAL
ANNOUNCEMENT**

Message Organising Chairmen

Greetings from Ipoh.

This year our theme is “Surviving the Transformation” i.e. the Malaysian Health System Review (1Care) that has been discussed at great length in the recent years and the many unanswered questions especially among our private practitioners. We hope everyone will be more enlightened about what is in store for us in the coming years.

Besides this, updates on many clinical topics and workshops will also be presented by eminent speakers. A pre-conference symposium on anti-aging and aesthetic medicine is also part of our programme for this conference.



Dato' Dr K Chandran
(Organising Chairman)



Dr Kamalanathan AG Raju
(Organising Co-Chairman)

Organising Committee

Advisor

Dr Ting Sea Leong

Organising Chairman

Dato' Dr K Chandran

Organising Co-Chairman

Dr Kamalanathan AG Raju

Honorary Secretary

Dr Yek Sing Chee

Honorary Treasurer

Dr Liew San Foi

Scientific Committee Chairmen

Dr Loo Kok Lim

Dr Sree Kantan Nayar

Publicity & Publication

Dr Rajeswaran Paramjothy

Accommodation/Transport

Dr R Jeyaratnam

Trade Exhibition

Dr Harbaksh Singh

Social Programme

Dr Amarjeet Kaur

Committee Members

Datin Dr Ranjit Kaur

Dr Chan Chong Guan

Dr P Japaraj

Dr T Kumar

Dr Yap Foo Ngan

Dr Lai Thian Seong

Dr Brian Cheong Mun Keong

The Faculty

(updated at press time)

Prof. Dr Chan Siew Pheng

Prof. Dr Harlina Halizah Siraj

Prof. Dr Selvaraj Y Subramaniam

Assoc. Prof. Dr Pang Yong Kek

Dato' Dr Andrew Chua

Dato' Dr Lim Boon Ping

Dato' Dr S K Ratti

Dr Chan Lee Chin

Dr Chee Meng Yong

Dr G R Letchuman

Dr Harjinder Singh

Dr J J Tang

Dr Kewaljit Singh

Dr Koh Wai Keat

Dr Leong Oon Keong

Dr Ravichandran Jeganathan

Dr Rekha Balachandran

Dr S S Gill

Dr Saravana Kumar

Dr Shan Narayanan

Dr Ungku Mohd Shahrin

Dr Yap Piang Kian

Dr Zul Mohd Sharial

Ms Pamela Thomas Joseph

PRE-CONFERENCE WORKSHOP

Anti-Aging, Aesthetic and Regenerative Medicine

6 June 2013

Jointly organised by
Perak Medical Practitioners' Society (PMPS)
and
**Society for Anti-Aging, Aesthetic and
Regenerative Medicine Malaysia (SAAARMM)**

~ PROGRAMME ~

- 2:00 pm **Welcome Address**
Dr Ting Sea Leong
President of PMPS
- 2:05 pm **Opening Address**
Prof Dr Selvaraj Y Subramaniam
President of SAAARMM
- 2:10 pm **Principle and Practice of Clinical Applications
of Anti-Aging Medicine**
By Prof Dr Selvaraj Y Subramaniam
President of SAAARMM
- 2:50 pm **Practice Aspects of Detoxification in
Anti-Aging & Regenerative Medicine**
Dr Sharmila Ramasamy
- 3:30 pm **Comparison Studies of Various Dermal Fillers**
Dr Leela Velusamy
- 4:30 pm **Case Discussions – Life Style and Hormones**
Dato Dr T Vasanthakumar
- 5:00 pm **Q & A**
- 5:30 pm – 6:00 pm **Refreshments**

FREE PAPER PRESENTATION

Abstract Submission Instructions

1. Participants are invited to submit scientific papers.
2. Applicants should submit their abstracts in duplicate to the Conference Secretariat using the Abstract Form. The deadline is **30 April 2013**.
3. Abstract should contain work that has not been previously published.
4. **Abstract will not be accepted without payment of registration fees.** If the abstract is subsequently not accepted for presentation, the fee will be refunded to the author upon request.
5. Sample arrangement of abstracts:-

TITLE OF PAPER IN CAPITAL LETTERS

Full name of all authors in upper and lower cases. Surnames in capital letters, with name of presenting author underlined. Department/Hospital/Institution/Country of first author.

Leave 3 spaces before starting on text abstract. Text of abstract should begin with a statement of main purpose of the study, preferably in one sentence. A statement of methods used should follow.

A summary of the results should be presented in an easily comprehensible manner to support the conclusions.

Graphs, tables or references should not be included in the abstract.

Text of abstract should not exceed 250 words (inclusive of title, authors and institutions).

IMPORTANT

Please avoid erasures, strike-overs and editorial errors because this original abstract will be used for photo-offset printing.

6. The final selection will be the responsibility of the scientific committee. The Scientific Committee reserves the right to select papers for presentation.
7. The Organising Committee reserves the right to allocate your paper to a section deemed fit.
8. Prizes will be awarded to the best 3 free papers presented:
1st Prize - **RM1000/=**, 2nd Prize - **RM750/=**, 3rd Prize - **RM500**
9. Kindly e-mail the softcopy to **pmps.secretariat@gmail.com**

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REGISTRATION FORM

ONE FORM TO ONE PARTICIPANT

7-9 Jun 2013

Name: Dato' / Prof. / Dr / Mr / Mrs / Ms	
Name to appear on Name Tag:	
Mailing Address:	
Email:	
Telephone: Office	Residence
Fax	Mobile

- **Last day for payment of registration fee** is 30 April 2013 (except on-site registration). After this date, a late fee of RM50.00 will be imposed.
- **Medical Student:** Please submit a letter from your Head of Institution along with the registration form.
- **Pre-conference:** Workshop on Anti-Aging And Aesthetic Medicine 2:00-5:30 pm, 6 Jun 2013.
- **Tours:** Allocation on a first-come first-serve basis. Free of charge for children under 6 years old. **Ipoh City Tour:** 7 Jun 2013, starts 11:00 a.m. **Lumut Tour:** 8 Jun 2013, 8 am - 6 pm. Tentative itinerary: Shopping, Teluk Batik Beach, Pasir Panjang Laut Tua Pek Kung Temple, Venice of Perak, Telok Murok Marina Island, longest bridge in Malaysia across a river, Telok Senangin, Pasir Panjang Beach.)

CATEGORY (select one)	Fee	Payment
Delegate (doctor)	RM350.00	
Paramedic	RM250.00	
Medical Student	RM150.00	
Day Registrant (Date: _____)	RM200.00	
On-site Registration	RM400.00	
PRE-CONFERENCE (select one)		
Conference Registrant	RM100.00	
Non-Conference Registrant	RM150.00	
TOUR (select one or both)		
Ipoh City Tour. Pax: _____ x per pax	RM 50.00	
Lumut Tour. Pax: _____ x per pax	RM 70.00	

TOTAL PAYMENT = RM _____

I am enclosing Cheque/Money Order No. _____

Please make payments by cheque or money order to:
8th Asean Conference on Primary Health Care

For government departments, local orders (L/O) are accepted.

date

signature

WORKSHOPS: CPR & WOUND CARE (limited seats only)

Please tick ☒ only **ONE** choice. (Allocation is on a first-come first-serve basis.)

☐ 1A or ☐ 1B or ☐ 1C or ☐ 2A or ☐ 2B or ☐ 2C

You are advised to also attend the respective workshop theory on Day 1.

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TRANSFORMATION**

ABSTRACT SUBMISSION FORM FREE PAPER PRESENTATION

Closing date: **30 April 2013** • Please do not fold or bend this form.
Type the abstract within the borders of the frame. Font type: Arial 12 pt

Name of
Presenting Author (must be a conference registrant):

TENTATIVE CONFERENCE PROGRAMME

6 June 2013 Thu	Time	Day 1 (7 June 2013) * Fri	Day 2 (8 June 2013) * Sat				Day 3 (9 June 2013) * Sun	Time	
		Registration & Help Desk: 07:30 - 17:00	Registration & Help Desk: 07:30 - 17:00				Registration & Help Desk: 08:00 - 12:00		
Conference Registration & Help Desk: 12:30 - 17:00	08:00		Plenary 2 FUTURE OF PRIMARY CARE				Plenary 3	08:00	
	08:30	Plenary 1 AESTHETIC MEDICINE 1. Venturing in Aesthetic Medicine (<i>Dr Ungku Mohd Shahrin</i>) 2. Silent Inflammation and Aging (<i>Prof. Dr Selvaraj Y Subramaniam</i>)	Workshop 1A EMERGENCY MED & CPR Basic Medical Emergencies In Primary Care	Workshop 2A WOUND CARE	S4 OSTEOPOROSIS 1. Introduction and Diagnosis 2. Treatment 3. Case Discussion (<i>Dato' Dr Lim Boon Ping, Prof. Dr S P Chan</i>)	S5 DIABETES 1. Newer Drugs for Diabetes: What is the Evidence? Will They Fit Into My Practice? (<i>Dr Yap Piang Kian</i>) 2. Starting Insulin in Your Practice (<i>Dr G R Letchuman</i>) Chairman: <i>Dr Brian Cheong</i>	S10 1. Update on COPD (<i>Dr Michael Joseph</i>) 2. Update on Bronchial (<i>Assoc. Prof. Dr Pang Yong Kek</i>) 3. Smoking Cessation (<i>Dr Leong Oon Keong</i>)	S11 1. Update on Hepatitis B (<i>Dr Saravana Kumar</i>) 2. Update on Hepatitis C (<i>Dr Harjinder Singh</i>) 3. Functional GI Problem (<i>Dato' Dr Andrew Chua</i>)	08:30
	09:00							09:00	
	09:30	Opening Ceremony Dr CVN Prasad's Oration							9:30
	10:30		TEA BREAK				TEA BREAK	10:30	
	11:00	TEA BREAK	Workshop 1B EMERGENCY MED & CPR Basic Medical Emergencies In Primary Care	Workshop 2B WOUND CARE	Free Paper Session	S6 ISCHAEMIC HEART DISEASE 1. Update on Management of acute coronary syndrome (<i>Tan Sri Dr Robaayah Zambahari</i>) 2. Update on Chronic Stable Angina (<i>Dr Chan Chong Guan</i>)	S12 O&G 1. The Role of the Primary Care Physician in Achieving the Millennium Development Goal (MDG) No. 5 (<i>Dr Ravichandran Jeganathan</i>) 2. Screening for Gynecological Cancers (<i>Dr Chee Meng Yong</i>) 3. Recent Advances in Contraception (<i>Prof. Dr Harlina Haliza Siraj</i>) Chairman: <i>Dr Japaraj</i>	S13 PAEDIATRICS Autism Spectrum Disorder (<i>Dr Shan Narayanan, Ms Pamela Thomas Joseph, Ms Esther Liew Wei Kean</i>)	11:00
	11:30					S7 HYPERTENSION 1. Home Blood Pressure Monitoring (<i>Dr Azani Daud</i>) 2. Hypertension in the Elderly (<i>Dr Koh Wai Keat</i>)			11:30
	11:45	Lunch Symposium 1 (Boehringer-Ingelheim)							11:45
	12:00							S14 GERIATRICS Poly Pharmacy in Geriatric Care (<i>Dr Koh Wai Keat</i>)	12:00
		12:30		Lunch Symposium 2 (Novartis) T2D MANAGEMENT				Lunch Symposium 3	12:30
	PRE- CONFERENCE Workshop on Anti-Aging And Aesthetic Medicine	14:00		Workshop 1C EMERGENCY MED & CPR Basic Medical Emergencies In Primary Care	Workshop 2C WOUND CARE	S8 ONCOLOGY & PALLIATIVE CARE 1. End Of Life Care (<i>Dr Richard Lim</i>) 2. Management of Pain in Cancer Patients (<i>Dr Zul Mohd Sharial</i>)	S9 SYMPOSIUM FOR PARAMEDICS	END	14:00
		14:30	S1 OPHTHALMOLOGY 1. Diabetes and The Eye (<i>Dr S S Gill</i>) 2. The Red Eye (<i>Dr Kewaljit Singh</i>)	S2 DERMATOLOGY 1. Psoriasis 2. Improving Diagnostic Skills 3. Recent Developments & Interactive Quiz (<i>Dato' Dr S K Ratti, Dr Chan Lee Chin, Dr J J Tang</i>)					14:30
15:30					TEA BREAK				15:30
16:00		TEA BREAK							16:00
16:30		S3 ENT Vertigo (<i>Dr Rekha Balachandran</i>)	Workshop 1 EMERGENCY MED & CPR (Theory)	SYMPOSIUM					16:30
ends 17:30									ends 17:30
<div><div><div>8th ASEAN Conference on PRIMARY HEALTH CARE</div><div>Kinta Riverfront • Ipoh • Malaysia 7-9 Jun 2013</div><div></div><div>SURVIVING the TRANSFORMATION</div><div>Conference Programme is subject to change.</div></div></div>									

HOTEL INFORMATION

CONFERENCE VENUE:

Kinta Riverfront Hotel & Suites

B-1-1, Lim Bo Seng, 30000 Ipoh, Perak

Tel: (05) 242 3333, 245 8888 Fax: (05) 245 8800

Email: sales@kintariverfront.com.my

<http://www.kintariverfront.com.my>

Special Government Resident rate per room category:

STANDARD ROOM	RM160.00 + 6% = RM169.60 (Room Inclusive Breakfast)
SUPERIOR ROOM	RM180.00 + 6% = RM198.80 (Room Inclusive Breakfast)
DELUXE ROOM	RM220.00 + 6% = RM233.20 (Room Inclusive Breakfast)
FAMILY DELUXE	RM320.00 + 6% = RM339.20 (Room inclusive Breakfast)
EXECUTIVE SUITE	RM588.00 + 6% = RM623.28 (Room inclusive Breakfast)
KINTA PREMIER (2-Bedroom Apt)	RM230.00 + 6% = RM243.80 (For Weekday Only)
	RM280.00 + 6% = RM296.80 (For Weekend Only)
KINTA GOLD (3-Bedroom Apt)	RM380.00 + 6% = RM402.80 (For Weekday Only)
	RM430.00 + 6% = RM455.80 (For Weekend Only)

