



PMPS

News

FOR MEMBERS ONLY

JANUARY 2011

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Committee 2009-2011

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Dr Tin Siek Ho

@ Ting Sea Leong

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Dr Lai Tian Seong

Editor's Request

Members who are interested to have their article, thoughts, dreams, suggestions, pleasure, agitation, anger or dissatisfaction to be included in future newsletters, kindly e-mail:

pmps.secretariat@gmail.com

or fax: 05-2426549

or post to the PMPS Secretariat:

Ipoh Specialist Hospital,

26 Jalan Raja DiHilir,

30350 Ipoh

Letters to the Editor/President/Committee members may be published in the Newsletter and in abbreviated form at the Editor's discretion. If the writer does not wish his name to be published he/she must specifically so state.

from the President

Dear Colleagues,

Thank you for entrusting me with the portfolio of PMPS President for the last 2 years (2009-11). It has been an eventful 2 years which commenced with the 6th ASEAN Conference on Primary Health Care and has now culminated with the 7th Conference to be held very soon at Syuen Hotel, Ipoh.

Many events have taken place and I am glad that PMPS could carry out its role as the premier organisation catering to the professional and social needs of the private medical practitioners in Perak. How well we have carried out our task is left to your judgement. I hope we (my committee and I) have not failed you.

The changing scene in Primary Health Care with the implementation and enforcement of the Private Healthcare Services & Facilities Act 1998 saw PMPS involved in dialogue sessions with the State Director of Health Services and his team to ensure a smooth working relationship between private and public sectors. The State Health Department now regularly keeps us informed of all necessary Health circulars and state level action in control of infectious diseases and allied matters of mutual interest. The 6th and 7th ASEAN Conferences on Primary Health Care have also served as platforms for close cooperation between PMPS and Hospital Raja Permaisuri Bainun, Ipoh. Without a doubt this new found association has helped in improving the image and outcome of the conference.

We have also been in constant contact with the Federation of Private Medical Practitioners Association of Malaysia

(FPMPAM) headed by the very capable Dr Steven Chow. PMPS has regularly represented the views of our members at these deliberations and continues to play a major role in the Council of FPMPAM and through it in the various consultative bodies with the Ministry of Health (MOH). As more and more health policy changes are in the offing it has become imperative that PMPS continues to play an active role in the FPMPAM to have our voice heard whenever possible. We need to have dedicated committee members to maintain our input and I must thank every member of my team on the very constructive efforts they have put in so far to make my task as the President easy. I am certain that the team to be elected soon will continue this daunting task to keep a check and balance on the National Health Policy and ensure that justice is served to consumer and medical practitioner alike in the dispensing of primary healthcare in the future.

Obviously there are many issues which will have irked the members of PMPS such as the setting up of 1 Malaysia clinics, impending MSQH accreditation of private clinics, influx of foreign medical practitioners with AFTA, separation of prescribing and dispensing rights and the ever-mentioned National Health Financing Scheme (with little known about its shape or form). I am certain these will be many more issues to grapple with in the future and I can only appeal to PMPS members to stand up and be counted. Unless you are there to represent your views clearly and boldly, we the committee can do little to help you. Use this opportunity (if you have the best interests of the medical fraternity at heart) to elect officials who will serve you to the best of their ability. Thank you again, one and all for the help rendered and I am sure my successor, Dr Ting Sea Leong will be able to deliver the goods in good time and measure.

DR N PRASAD

Trip To Yunnan CHINA

22 – 29 September 2010

There were 21 people who went.

INTRODUCTION

Yunnan was at one time below sea level. Through earth movement it is now 94% mountainous. The populated areas are in the valleys and plateaus crisscrossed by rivers and lakes.

Fifty-two out of a total of fifty-six ethnic minority groups live here. Different ethnic group congregate in different areas – Kuming (Yi), Dali (Bai), Lijang (Naxi) and Shangrila (Tibetan). Each has its traditional costume, language and culture, but they all communicate in mandarin.

Their attire indicate a lady is married, engaged or single. By touching a particular part of the costume imply a man is ready to marry the lady. Matriarchy is their social order.

OCCUPATION

Mainly farming, tourism and family trade like cobbler.

ENVIRONMENT

No air pollution as there is no industry. Water in streams and lakes is crystal clear.

COMMUNICATION

There is an airport in Kuming and Lijang. Good road connects all major towns.

TOILETS

Towns and hotels ok. Outskirts – lack of privacy.

HOTEL, FOOD & TOURIST GUIDES

Good.

HYGIENE

Many of us got diarrhoea – due to food or water.

WEATHER

Temperature was perfect at 18°C. Rained only on the last day for about 40 minutes.

SIGHTS

It was fantastic at the Alu Cave. Stone forest and at the white water river. It is postcard picture perfect at every angle. The view of the black dragon lake with jade dragon snow mountain as backdrop is not to be missed. Every where the sceneries are just beautiful.

SHOPPING

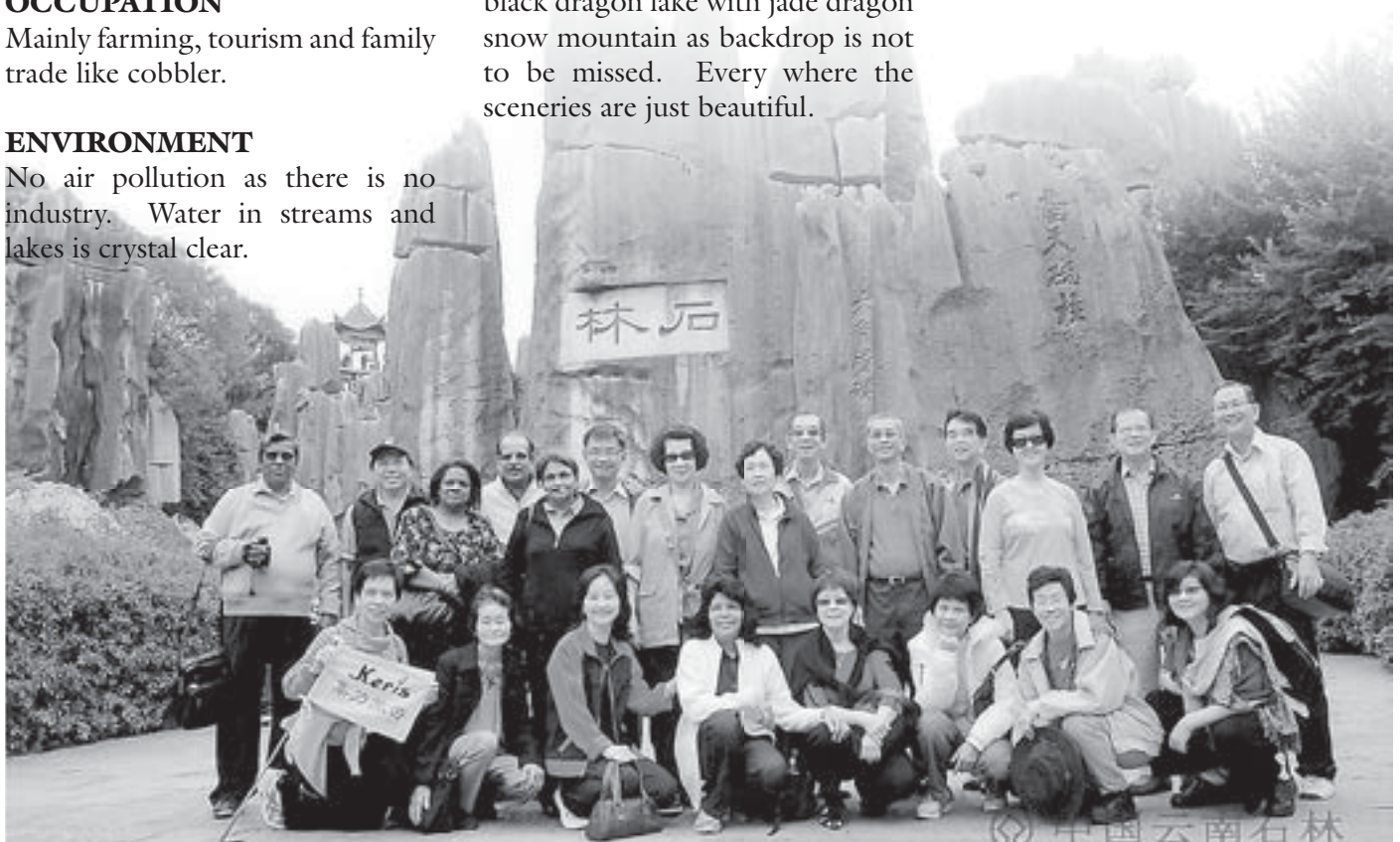
Yunnan is home to puer tea and its spirulina is indigenous to its lake. Other locally produced are silk and pearl, silver ware and jade from Burma.

Leather goods and product made from animal horns are plentiful.

The bulging and some overweight suitcases on the return trip are indication of a happy shopping spree.

Overall, the trip is most enjoyable. We feasted many different cuisines from different ethnic groups. Had a glimpse into their culture and above all the natural beauty.

Soon as the tourist guide greeted us – *a la la le* (how are you in Naxi), we have to bid her *lay doe doe* (good bye). She told us to come back and stay in Lijang on our retirement as it is a paradise for man. It may be a true paradise.



A TRIP TO TAMAN NEGARA SCHEDULED ON 10-12 JUNE 2011 (SCHOOL HOLIDAYS SEASON)

Book Now!

Contact
Dr Ting (05) 6912391
or Ms Law
(05) 241 7999
fax (05)241 7666

(REPLY SLIP BELOW)

Keris 集力旅遊有限公司
Travel & Tour Sdn Bhd
17-19, Jalan Ali Pitchay, 30250 Ipoh, Perak, Malaysia (Tel: 05-241 7999, Fax: 05-241 7666, URL: www.keristravel.com, e-mail: kerishb@streamyx.com)

Attn : Dr Ding

From : Ms. Law

Date : 07/03/2011

Re: QUOTATION

Thank you for your interest in Keris Travel & Tour. We are please to append below quotation for your kind attention and perusal.

Departure date : 10th June 2011

Total pax : 20 person

ITINERARY

DAY 1

12 30 pm
01 30 pm
course

Assemble at Sitiawan
Lunch in Jerantut

Excursion to Kota Gelanggi. Bring along torch light / Lembah Kiri a scenic waterfall, 18 holes golf course and a series of rapids hidden from public sights. It's just 15km west from Jerantut town. There

04 00 pm
05 30 pm
07 30 pm
08 30 pm
09 30 pm
11 00 pm

Head for Kuala Tahan (pristine wild jungles that's 130 million year-old)
Check-in
Dinner

Documentary film that reveals the nature's gift to Taman Negara
Night Jungle Walk to Tahan Hide to see the nocturnal wildlife comes alive. Bring along torch light
Good night

DAY 2

08 30 am
09 30 am
hilltop
It is 40m

Breakfast

Jungle trek to Teresek Hill (344m). The peak of Gunung Tahan can be seen on a clear day from the hilltop. On return from trekking, you are invited to take on the longest canopy walkway in the world, above ground and over 500m long

01 30 pm
13 30 pm

Lunch

Experience daily life of the natives at Orang Asli Village. Try out various hunting skills such as rapid shooting. Swimming at riverside at Nusa Camp
Dinner

07 30 pm
09 00 pm
11 00 pm

Free leisure or Night Safari on a 4x4 vehicle (optional)
Good night

DAY 3

08 30 am
09 30 am

Breakfast

For package without Lata Berkoh, check-out and leave Taman Negara.

DAY 2
09 00 am

For package WITH Lata Berkoh - Boat ride to Lata Berkoh Cascades (waterfalls), along the protected Tahan River. Enjoy the cool, refreshing air, and the natural beauty of rainforest along the ride. On the way back, visit the Kelah Fish Sanctuary. Feed the fishes and come in close contact with them (Visiting the Sanctuary is subjected to permission from the local authority and river condition).
Check-out and leave Taman Negara.

12 00 pm

Kindly
respond immediately
to facilitate booking of accommodations.

REPLY SLIP

Please send me full details (including pricing and accommodations).

Name			
Address			
Telephone		Fax	
No. of Persons		Email	

Medical Camp At Taiping

PMPS along with Sri Sathya Sai Centres Perak organised a medical camp at Pokok Asam, Taiping on Sunday 23/01/2011. The MIC Taiping, Lions Club and the State Health Department backed up the event and the Minister of Manpower & Human Resources, Dato' Dr. S. Subramaniam graced the occasion. The camp was manned by our volunteers Dr. N. Prasad, Dr. Ting Sea Leong, Dr. Kamalanathan Raju, Dr. Poovathy, Dr. Yek Sing Chee, Dr. Harbaksh Singh, Dr. S. C. Subramaniam besides several other specialists and medical practitioners from Ipoh and Taiping. Physicians, surgeons, orthopaedic surgeons, paediatricians, eye specialists, O&G surgeons and even a specialist ultrasonographer were in attendance. The Organizing Chairman, Dato' Dr. Jeganathan deserves special mention for the huge turnout and the special arrangements not only for the medical service rendered but the free food and refreshments provided. By the time the camp concluded at about 2:00 p.m. nearly 1,000 people had been served. This community service by PMPS proved to be a great effort and the sacrifice by our members and the other volunteers needs to be recognised as it was no mean task. Kudos to all involved.



PMPS in the forefront with Honorable Minister



Medical exam in progress



A section of the large patient crowd



Opening ceremony medical camp