



PMPS News

FOR MEMBERS ONLY

DECEMBER 2017

ISSUE 17

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(Community Service
& Public Forum)

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(PMPS Newsletter)

Editor's Request

Members who are interested to write articles for the Newsletter kindly email: pmips.secretariat@gmail.com
or fax: 05-2426549
or post to:
PMPS Secretariat,
KPJ Ipoh Specialist Hospital,
26 Jalan Raja DiHilir,
30350 Ipoh.

Letters to the Editor / President / Committee may be published in the Newsletter in full or in abbreviated form at the Editor's discretion. If the writer does not wish her/his name to be published she/he must specifically state so.

From the President's Desk

Speech at Doctors' Day & PMPS Installation Dinner (14 Oct 2017)

THANKS to Dr Gill for a very eloquent citation. I gave him a simple script to read but he decided to interview me and write his own. Thank you, Dr Gill.

We don't have a big crowd here tonight and I would like to take this opportunity to introduce and say good evening to all our distinguished guests:



Dr Hj Khairuddin b Hj Alias, Deputy Perak State Health Director (Medical), Chief Guest, representing YB Dato' Dr Mah Han Soon, Chairman of Perak State Health Executive Committee
Dr Steven Chow, President of Federation of Private Medical Practitioners' Associations Malaysia (FPMPAM)
Dr M Kirubakaran, Chairman of MMA Perak
Dato' Dr Ho Teik Kok, President of Private Medical Practitioners Association of Selangor and Kuala Lumpur
Dr PN Jeyaseelan, Chairman of Postgraduate Medical Education Society (PGMES), Hospital Raja Permaisuri Bainun
Dr Milton Lum, MMC Councillor and Advisor to our Federation
Dato' Dr Lim Boon Sho, Deputy President FPMPAM, Treasurer of Penang affiliate
Dr Shanmuganathan Ganeson, Hon. Secretary FPMPAM
Dato' Dr Satish Shukla, Hon. Treasurer FPMPAM, President of Penang affiliate
Dr Mohd Tajudin Hj Shaffee and Dr Tan Poh Teng, Current and Past Presidents of Kedah / Perlis affiliate
Dr Liew Shan Fap, President of Sarawak affiliate
Dr Lim Chie Kien, CEO of Fatimah Hospital
Mr Nicholas Chan, CEO of Perak Community Specialist Hospital
Mr Adrian Fu, Executive Director of Kinta Medical Centre
Ms Renuga Muniandy, Operations Manager of KPJ Ipoh Specialist Hospital

continue in page 2

Prof. Dr Alam Sher Mallik, Dean of Medical Faculty,
Quest International University Perak
Associate Prof. Dr Mah Kin Kheong, Deputy Dean of
Medical Faculty, Universiti Kuala Lumpur
Dato' Liew Sew Yee, President of Ipoh Swimming
Club

Dato' Dr Michael Chin, our Perak nominee for Drs
Day Award and PMPS Past President 1973-74

Dr David Yeo, PMPS Past President 1983-84

Dato' Dr S Jenagaratnam, PMPS Past President 1995-
96

Dr Ting Sea Leong, Past President PMPS 2011-12

Dr Kamalanathan AG Raju, Organising Chairperson
for this dinner, PMPS Past President 2013-14 and
re-elected President-Elect

Dr Yek Sing Chee, our Immediate Past-President,
who is always around to reassure me

All my committee members, friends, guests and
colleagues

Members of the press

Our MC tonight, Prof. Dato' Dr M Subramaniam

Having addressed you all formally this evening and
after a most detailed citation by Dr Gill, I don't
really have much more to say.

As I wrote in our newsletter, I'm an anaesthetist. I am
familiar with how a busy OT complex is organised,
maybe even a hospital. But in the clinics outside, I'm
really like 'a fish out of water'! Fortunately for me,
I have good mentors and predecessors in the likes
of Dr Ting, Dr Nathan and Dr Yek to help guide me.

ACTIVITIES SO FAR

I took over from Dr Yek as President on 26th March
this year at our 77th AGM and since then, we had
a successful day trip to Sitiawan in May, a very
successful 10th ASEAN & 7th Perak Health Conference
in July with a record of 363 participants! We had
our Annual PMPS golf on 30th July and recently, our
PMPS games on October 1st. Last week, under the
leadership of Dr Yek, we had a good public forum
at Hospital Fatimah and a fantastic day out at Ipoh
Parade. We hosted 50 underprivileged children to
some fun and games. There were Zoomba dancing,
sand painting, a supermarket 'run' and a clown
performing magic tricks and entertaining the
crowd. Together with that, Dr Nathan organised a

blood donation and organ transplant campaign, a
BMI check and also health screening. All this were in
celebration of this year's Doctors' Day.

BUILDING BRIDGES

As to my tenure as President, I would like to build
bridges. Literally building bridges!

Health care in Malaysia isn't too bad, in fact it's quite
good. Only problem there's no coordination! There's
a lot of resources wasted, many times because they
are redundant. The private health care and the
government health care are entirely independent,
there's no consultation nor any cooperation between
the two entities at all, even though we are all aiming
for the same thing - better health care. We should
tap on each other's resources and expertise rather
than going into any venture independently!

A good example is our GP clinics. There are already
established clinics, maybe at times too many
especially in this present economic environment.
Times are already not good and our government in
2010 set up 1Malaysia Clinics! Obviously they want
to do something for the urban poor, but the monies
pumped into these clinics could be better spent by
coordinating their resources with the established
practitioners by compensating the urban poor
at these clinics, rather than setting up another
'redundant' set of clinics. Obviously there's no
consultation at all. I think there's a lot of resources
wasted setting up these clinics which are not well
staffed nor managed properly. This is just an
example.

PRIVATE-PUBLIC PARTNERSHIP IN HEALTH CARE

Our recent ASEAN & Perak Health Conference was
aptly themed "Private-Public Partnership in Health
Care" and I would like to try and see whether I
can make any headway into this. I have two years,
probably won't be able to do much but I would try.

Thank you and have a pleasant evening.

Dr Yee Meng Kheong

HAPPINESS

The previous issue featured “Depression”, the theme for World Family Doctor Day 2017. This issue looks at “Happiness” at the country and the individual levels.

World Happiness Report

Main reference - <http://worldhappiness.report/>

The International Day of Happiness is on March 20th.

Happiness is increasingly being taken as the measure of social progress and the goal of public policy. It is heartening that in June 2016 the Organisation for Economic Co-operation and Development (OECD) committed itself “to redefine the growth narrative to put people’s well-being at the centre of governments’ efforts”.

The World Happiness Report has been published by United Nation’s Sustainable Development Solutions Network since 2012. It ranks countries according to the following six criteria:

- Income (GDP per capital)
- Caring environment (social support within communities)
- Health (life expectancy)
- Freedom (to make life choices)
- Generosity (in terms of donations and philanthropy)
- Trust (absence of corruption in private and public sectors)

Some countries’ ranking for Happiness 2014-2016 is as follows:

1. *Norway*
2. *Denmark*
3. *Iceland*
4. *Switzerland*
5. *Finland*
6. *Netherlands*
7. *Canada*
8. *New Zealand*
9. *Australia*
10. *Sweden*

14. *USA*
19. *UK*
26. *Singapore*
32. *Thailand*
33. *Taiwan*
42. *Malaysia*
51. *Japan*
71. *Hong Kong*
72. *Philippines*
79. *China*
80. *Pakistan*
81. *Indonesia*
94. *Vietnam*
97. *Bhutan*
110. *Bangladesh*
120. *Sri Lanka*
122. *India*

All the Nordic Countries (in italics) are among the top 10.

China was not happier compared to 25 years ago despite its sharp growth per capital income in recent years.

USA declined in its ranking among the OECD countries from 3rd in 2007 to 19th in 2016. Weakened social support and increased corruption were noted to be the reasons.

Close to our concern as doctors, mental illness was found to be a very important cause of unhappiness. It was the biggest single source of misery in the richer countries. In poorer countries it was also a major source of misery although income differences mattered more.

What makes us happy?

Main reference - <http://www.adultdevelopmentstudy.org/>

The Harvard Study of Adult Development started in 1938 as a longitudinal study of how to live well, with

continue in page 4

268 Harvard male undergraduates (Harvard became coeducation only after 1977). It followed them through numerous turns in their lives. President John F. Kennedy was among the men studied. By April 2017 only 19 of them were still alive. The Study included more participants over the years and in 2015 expanded to the next generation of the earlier participants.

The study identified **seven major factors that predict healthy aging** (physically and psychologically): Employing mature adaptations, education, stable marriage / close relationship, not smoking, not abusing alcohol, some exercise, and healthy weight.

Among findings were the following:

- Alcoholism and smoking were the most important contributors to premature morbidity and deaths.
- There was no significant correlation between IQ and maximum income earned.
- Shy anxious kids might have problems during young adulthood but are as likely as the outgoing kids to be happy-well by 70.
- Regular exercise in youth predicted late-life mental health better than it did physical health.
- Being optimistic predicted better physical health in later life.

George Vaillant led the study from 1972 to 2004. Interestingly when he was 10 years old his own father, a celebrated anthropologist, committed suicide at age 44 by shooting into his own mouth while suffering from alcoholism and depression. He became a psychiatrist and alcoholism became a major focus in the study. He has published the findings in a number of books, including 'Adaptation to Life' in 1977, 'The Natural History of Alcoholism' in 1983, 'Aging Well' in 2002, 'Spiritual Evolution: A Scientific Defense of Faith' in 2008, and 'Triumphs of Experience' in 2012.

Vaillant highlighted that men who had "warm" childhood relationships with their mothers fared significantly better in old age. He commented in 2013, "The seventy-five years and twenty million dollars expended on the Grant Study points ... to a straightforward five-word conclusion: 'Happiness is love. Full stop.'"

Conclusion

It is well-worth linking the above two to draw conclusions relevant to our own circumstances.



New members

PMPS warmly welcome the following new members who have joined us so far this year:

Dr Kirubakaran Malapan
Dato' Dr Gurdeep Singh a/l B. Mahinder Singh
Dato' Dr Mukudan Krishnan
Dr Tan Poh Hoo
Dr Kew Sai Chong

REMINDER

The usual reminder to support your society:

- pay your subscriptions
 - check that your latest details are recorded
- Please inform your secretariat.

Send to:

The Perak Medical Practitioners' Society
c/o KPJ Ipoh Specialist Hospital
26 Jalan Raja Dihilir, 30350 Ipoh

ACTIVITIES

10th ASEAN & 7th PERAK HEALTH CONFERENCE ON PRIMARY HEALTH CARE

21-23 July 2017
Kinta Riverfront Hotel, Ipoh



With Pre-
Conference
Workshops on
20 July 2017



Report by Dr Loke YH, Secretary of the Organising Committee

The biennial Asean Conference was held on 21-23 July 2017 in Kinta Riverfront Hotel, Ipoh.

The organising committee of 22 members, started organising this event one year ago. PMPS together with the Postgraduate Medical Education Society and Association of Public Health Physicians, came together to make this event a success that it was. The theme of the conference was Private-Public Partnership in Primary Health Care.



Organising Committee at the Opening Ceremony



Conference Exhibition

Delegates were largely from Perak, with a few from other states including East Malaysia and Singapore. Likewise, the speakers came from all over Malaysia and Thailand. There were 39 in the faculty who led the plenary sessions, the symposiums, the workshops and pre-conference workshops. We awarded 3 prizes in the free paper session. We even had a debate on whether government doctors should be allowed to do locum; this session was highly commended



Conference Plenary



Conference Symposium



Pre-Conference Workshop – Injection Procedures



Pre-Conference Workshop – Dementia Care

and generated lots of laughter and participation from the audience.

The pomp of the opening ceremony was graced by Dr Chong Chee Kheong (representative of the DG of Health) who delivered the Dr CVN Prasad Oration, followed by an address by Dato' Dr Mah Hang Soon (representative of the Perak Chief Minister) who also did the honors of declaring the conference and the trade exhibition open.

This year we had the fortune of the Chief Minister hosting our conference banquet at his official residence. It was a glittery evening to remember and all the delegates who attended were feted to a delicious Indian vegetarian meal.

All said and done, the feedback from the participants were very encouraging and positive. Most found the educational content so good that they had trouble deciding which concurrent symposium to attend.



Conference Workshop



Some Medical Students at the Conference

PMPS Golf Tournament 2017

Report by:
Dr Chow Siang Yong, Golf Convenor



THIS year we had 40 keen golfers participating in our annual event, which was held on Sunday, 30th July 2017, 1:00 pm, at Royal Perak Golf Club.

The overall winner was Dr Chew Teik Chye and the gross winner was Dr Saw Kay Chee. We also invited 4 guest players who were not members as yet of PMPS.

On the same evening participants and spouses attended a CME Talk on CVS Health by Dr Foong Yi Kwan from KPJ Ipoh Specialist Hospital. The talk and dinner was sponsored by Pfizer and infant powder distributor Snow Brand Malaysia. All of us enjoyed ourselves especially blessed with whiskies and beer.

For the first time and in keeping with the trend, we (with the help of our able PMPS secretary Wendy) formed a whatsapp group which is still on-going.

I want to thank Wendy and the organising committee, i.e. David Yeo (who got us the sponsored dinner), Dr Chew Teik Chye (gifts and flight arrangement) and Lai Thian Seong for doing a wonderful job. We hope the event next year would be equally happy and successful.

PMPS ANNUAL GAMES --- 2017 ---

Report by:
Dr Kumar Thiagarajah, Sports Convener

The Annual Games this year was held on Sunday 1st October 2017. As usual we are indeed grateful to Ipoh Swimming Club for having allowed us to use their facilities, and the PMPS would like to express our gratitude and thanks to their President and Sports Secretary for accommodating our request.

The following games were played at the Club from 2:00 pm to 4:00 pm: Badminton, Table Tennis and Squash. Tennis was played at the DBI Courts from 5:00 pm to 7:00 pm. The PMPS Golf Tournament was completed on Sunday 30th July at Royal Perak Club (see separate report) while bowling was held on Wednesday, 20th September in Ipoh Bowl (Aeon Kinta City).

Overall there were fewer participants at the games this year and there was quite a noticeable absence of many of our members' children. The members were indeed very happy to have Dr Nalini Kumar participate in the games as well although she could only safely take part in Table Tennis. Dr Nalini did turn up at the Tennis courts to lend her support and she was indeed visibly enthralled by being there until the end of the session.

The Results (1st October 2017):

Badminton:

- ~ Dr Yee Meng Kheong vs Dr Lee Nik Hooi (21-19); Dr Lai Thian Seong vs Dr Yong Yew Kay (19-21)
- ~ Mrs Yek vs Ms Yek Xin Yi (21-18); Master Yek Kai Xiong vs Master Yek Kai Liang (17-21, 21-19)



Squash:

- ~ Dr Lai Thian Seong vs Dr Lim Yang Kwang (12-10, 12-9); Dr Liew San Foi vs Dr Yee Meng Kheong (11-2, 3-11, 11-5)

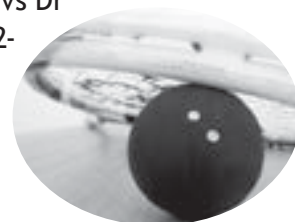




Table Tennis:

- ~ Dr Hu Wen Shiong vs Dr Yek Sing Chee (8-21, 10-21); Dr Phang Chong Hoe vs Dr T. Kumar (21-7, 21-14); Dr Lee Nik Hooi vs Dr Yee Meng Kheong (8-21, 21-16, 22-20); Dr Phang Chong Hoe vs Dr Choong Choon Hooi (21-15, 21-11); Dr Liew San Foi vs Dr Lai Thian Seong (10-21, 11-21); Dr Loo Kok Lim vs Dr Yong Yew Kay (15-21, 14-21)
- ~ Mrs Susan Phang vs Mrs Loo Kok Lim (21-12, 21-15); Mrs Susan Phang vs Dr Nalini Kumar (21-8, 21-12); Chai Yoon Moy vs Mrs Susan Phang (15-21, 13-21)
- ~ Dr Choong Choon Hooi & Mrs Choong vs Dr Phang Chong Hoe & Mrs Susan Phang (25-27)



Tennis:

- ~ Dr Yee Meng Kheong & Dr Hu Wen Shiong vs Dr David Yeo & Dr Foo Joo Ee (6-3); Dr Lee Nik Hooi & Mr Seet Ee Jay vs Dr Ng Swee Kay & Dato Dr R. Gunasegaran (6-0); Mrs Ng & Mr Seet Ee Jay vs Dr Yee Meng Kheong & Dr Foo Joo Ee (4-6); Dato Dr R. Gunasegaran & Dr Lee Nik Hooi vs Dr David Yeo & Dr Ruslan Razak (6-3); Dr Ng Swee kay & Dato Dr R Gunasegaran vs Dr David Yeo & Dr Ruslan Razak (6-3)



The participants were also hosted to a high tea at the Ipoh Swimming Club.

I take this opportunity to thank all those who assisted me in helping to coordinate the various games: Badminton (Dr Yong Yew Kay), Squash (Dr Lai Thian Siong), Table Tennis (Dr Phang Chong Hoe) and Tennis (Dr Yee Meng Kheong), Bowling (Dr Leong Siew Mun) and Golf (Dr Chow Siang Yong).



Report by:
Dr Yek Seng Chee,
Organising Chairman of the Celebration (Overall)

The Doctor's Day Celebration 2017 kick-started with a Public Forum on "Advocating for Your Child with Special Needs" at Fatimah Hospital Brother Laborious Auditorium, attended by 48 registrants.

Ms Dharshini Ganeson, lawyer, former journalist and president of 'Here I Am' Parent Support Group for Special Needs spoke on "Right of A Child With Special Needs ". This was followed by fruitful sharing of experience from some parents with children with special needs.

The second talk was "Special education in Malaysia" by Dr Madhya Zhagan, Associate Prof, Department of Education Psychology and Counselling, Faculty of Education, University Malaya.

The last talk was "Healthy Conversation" by Ms Cindy Koo, Certified Mastery Coach, 'The Purpose Coach'.

The other event of the day was a Community Service at Ipoh Parade Shopping Complex concourse area from 10:00 am to 2:00 pm. It started with Zumba dance led by Ms Jojo Tan Ooi Keng, a very experienced Zumba dance instructor. All the invited children and committee members including our Perak PMPS president Dr Yee Meng Kheong and many patrons of the shopping mall were actively warming up with dance routines. It was indeed entertaining and also educational.

This was followed by Fun & Game for children including sand painting, Market Run (to educate the children on healthy eating and good shopping habit).

The highlight of the day was the show by clown entertainer Mr Au Young Keen View and his son. They gave us a great magic show, balloon workshop and games with the children.

We invited children from orphanages around Ipoh: Good Shepherd Home, Precious Gift Home and Segar Emmanuel Home led by Mr Segar. We had 40 children attending the event and everyone had a great day.

The blood donation, organs pledge and health screening from Perak state health department was organized by Dr Kamalanathan A G Raju. Please see separate report (under Community Service).

PMPS was given the task by the Federation of Private Medical Practitioners Associations Malaysia (FPMPAM) to organise this event in Ipoh. The PMPS Committee had deliberated on this over more than six meetings since its previous term. Immediate Past President Dr Yek volunteered to be the organizing chairman. President Elect Dr Kamalanathan volunteered to be the organizing chairman of the Dinner (see below). An elaborate Programme was successfully carried out around 10 October, the Malaysian Doctors' Day. This was achieved under the overall leadership of Current President Dr Yee (who introduced activity 4 below), excellent teamwork from PMPS Committee and members and cooperation from FPMPAM.

8 Oct, 2017

1. Public Forum
2. Community service with blood donation, health screening and treats for children from orphanages
3. Doctors' Day Interstate 'Federation Cup' Golf Tournament
4. Talk on "Safe & Intelligent Property Investments for Wealth Growth on Autopilot" by Huttons OneWorld Real Estate Group

14 Oct, 2017

PMPS Committee Installation & Doctors' Day Dinner



Doctors' Day Cake – gift from Hospital Fatimah



4 Speakers (right), Public Forum, Hospital Fatimah



Shop run at Jaya Grocer



Health Screening



Blood donation

Appreciations:

On behalf of PMPS, I would like to extend our special appreciation to Fatimah Hospital and its CEO Dr Lim Chie Kean for their hospitality in providing free auditorium and tea for the audience, the joint Forum organiser Persatuan Pembangunan Kanak-Kanak Istimewa Ipoh and also to Dr Shan N. Narayanan for his contribution in organizing the forum.

My "Thank You" also goes to Mr Chan Yu Yin and Ms Noraini from Ipoh Parade, Mr Au Young Keen View and son for clown entertainment, Ms Jojo Tan Ooi Keng and the whole dance group for Zumba dance performance, Madam Tan Chai Yen, dietitian from KPJ Ipoh Specialist Hospital for assisting in Market Run along with Dr Rajeswaran Paramjothy, Medical students from UniKL-RCMP (Mohamad Ihsan B Mohd Faizal, Abbas Muhseiri B Abd Aziz, Yee Min Chun, Mufidatun Enani Bt Abdullah and Nur Hadiyah Bt Mahamaromi) and clinic assistants from Polyclinic Qualimedica (Ms Yeoh Kim Lian, Ms Phoon Kar Hei and Ms Wong Mei Ling). I would also like to thank Dr Yee Meng Kheong (Perak PMPS President), Dr Kamalanathan, Dr Loke, Major Dr Jeyaratnam Ratnavale, Dr Rajeswaran Paramjothy, Dr Yap Foo Ngan, Dr Amarjeet Kaur, Dr Poovathy, Ms Wendy Wong and many other well-wishers and committee members who had worked silently "behind the scenes".

I am indebted to all above for their active participation and their assistance in making this event a great success.



Group at Community Service, Ipoh Parade



Clown power



PMPS Zumba in Ipoh Parade



Organ donation pledge



The happy medical student volunteers, UniKL RCMP



Installation & Doctors' Day Dinner

• 14 October 2017 • Syeun Hotel Ipoh

Report by Dr Kamalanathan AG Raju,
Organising Chairman of the Dinner

THE Event was held at Le View Room Syeun Hotel Level 10 with entertainment by a live band. The Master of Ceremonies was Dato' Dr M Subramaniam. Dr Kamalanathan AG Raju, the Organising Chairman, gave the welcome address.

Besides PMPS members, a number of Distinguished Guests were present (listed in the President's Message).

Outgoing President Dr Yek Sing Chee gave his valedictory speech and presented to his committee members his parting gift of specially designed PMPS T-shirts. Dr S S Gill regaled the audience with a delightful citation of the Incoming President Dr Yee Meng Kheong. Dr Yek then handed over the Chain of Office to Dr Yee in the presence of the FPMPAM President Dr Steven Chow. Dr Yee delivered his presidential speech and introduced his Committee for 2017-2019. Dr Steven Chow gave his FPMPAM presidential address touching on recent happenings in the medical field in Malaysia and presented the Federation 2017 Awards:

National Community Service Awards

- i. Dr Mohd Tajudin Hj Shaffee, President, Private Practitioners' Society Kedah & Perlis
- ii. Dr Ng Kwee Boon, Private Medical Practitioners Association of Selangor and KL (PMPASKL)
- iii. Dr Tan Teck Sin, PMPASKL
- iv. Dato Dr Chin Gan Ghee, PMPS

The Federation National CME / CPD Service Awards

- i. Dr Tan Poh Teng, Past-President and current treasurer of PMPS Kedah/Perlis
- ii. Dr Milton Lum Siew Wah, PMPASKL.

Dr Steven Chow and Dr Yee gave away ten Interstate 'Federation Cup' Golf Tournament prizes. The Tournament was convened by Dr Lai Thian Seong. 23 players took part. The Federation Cup was won by the Perak State team.

Dr Yee presented donations on behalf of PMPS to three organisations:

- Persatuan Pembangunan Pendidikan Kanak-Kanak Istimewa Ipoh
- Mother Teresa's Reading Shelter
- Pertubuhan Kebajikan Kanak kanak Yatim Gembala Baik

There was a Lucky Draw and six prizes were given out by Mrs Yee, Mrs Yek and Mrs Kamalanathan.

The Dinner ended with dessert at about 11:15 pm while some stayed behind to take to the Dance Floor and enjoyed the rest of the night.



Installed – PMPS 2017-2019 Committee with
Dr Steven Chow (FPMPAM President) & Dr Hj Khairuddin b Hj Alias (Deputy Perak State Health Director)



Successful handing over taking over



National Community Service Awardee Dato Dr Chin



The Guests



Golf Federation Cup winner – PMPS Team

COMMUNITY SERVICE

**Report by Dr Kamalanathan AG Raju,
Portfolio Holder of Community Service**

13TH AUGUST 2017

Venue: Dewan Serbaguna, Batang Padang, Air Kuning
Time: 8:00 am to 1:00 pm
Organised by: PMPS, JKN, MIC Tapah and Sri Sathya Sai Baba Centres of Perak
Doctors present: Dr Ting Sea Leong, Dr Yek Sing Chee, Dr Jeyaratnam Ratnavelu, Dr Poovathy Vallipuram, S. Subramaniam Eye Sp., Kamalanathan AG Raju

A total of 104 patients were screened for height, weight, BMI, blood pressure, vision and blood glucose. Seven Pap smears were also done. Blood donation was also conducted. Out of 40 volunteers, 22 pints of blood were collected and 18 were rejected.

8TH OCTOBER 2017 (IN CONJUNCTION WITH DOCTORS' DAY 2017)

Venue: Ipoh Parade Concourse
Time: 10:00 am to 2:00 pm
Organised by: PMPS; assisted by KK Buntong, KK Gunung Rapat, Blood Bank HRPB, and six medical students from UniKL-RCMP.

Health screening and education: Doctors present: Dr Poovathy Vallipuram, Dr Kamalanathan AG Raju, Dr Amarjeet Kaur. 56 patients were screened for height, weight, BMI, blood pressure and blood glucose. The screening identified the following cases: 8 obese, 6 new diabetic and 11 new hypertensive

Blood donation: 87 pints of blood were collected and 39 rejected.

Organ donation pledge: Encouraging number of pledges were received, some from our very own committee members.

26TH NOVEMBER 2017, SUNDAY — PUBLIC FORUM

Convener: Dr Ting Sea Leong
Venue: Pioneer Methodist Church Hall, Kg Koh, Sitiawan
Time: 4:00 pm to 5:00 pm
Topic: Hearing Disabilities in the Elderly (in Mandarin)
Speaker: Dr Luis Chen (MD, FRCS, MS), ENT Surgeon KPJ ISH

Despite heavy rainfall about 40 to 50 senior church members attended the forum.

ANNOUNCEMENTS

DATO' DR RONALD S. MCCOY, FOUNDER OF ICAN 2017 NOBEL PEACE PRIZE WINNER

On 6th October this year the Nobel Peace Prize 2017 was awarded to International Campaign To Abolish Nuclear Weapons (ICAN). ICAN was founded in 2007 by Dato' Dr Ronald S. McCoy, Professor Tilman A. Ruff (Australian, the founding chairman) and others. Their untiring effort resulted in the United Nations Nuclear Weapon Ban Treaty being adopted on 7 July 2017.

The Nobel Peace Prize Award Ceremony will be held on Sunday 10 December in Oslo, Norway.

More details about Dato' Dr McCoy will be given in the next issue.



MEDICAL ACT (AMENDMENT) 2012 AND THE MEDICAL REGULATION 2017 [Akta Perubatan (Pindaan) 2012 Dan Peraturan-Peraturan Perubatan 2017]

Enforcement of the above was officially announced by the Director-General of Ministry of Health in his capacity as the Malaysian Medical Council (MMC) President on 30th June 2017. It took effect from 1st July 2017.

Among matters of close concern to us are:

Annual Practising Certificate Renewal (APC):

- o Renewal of APC for year 2020 should be accompanied by evidence of professional indemnity cover and sufficient continuing professional development (CPD) points (at least 20).
- o With effect from 1st July 2017
 - ~ The APC application fee is RM100.
 - ~ Late application is subjected to an additional fee of RM100.

All medical practitioners are to state their MMC registration number on all medical prescriptions and all other documentation and records, whether in paper or electronic format.

This Newsletter will deliberate more on this in its next issue expected in April 2018.

References: <http://fpmpam.org/files/20170707102518587.pdf>
<http://www.mmc.gov.my/index.php/faqs>

FPMPAM MENTOR-MENTEE PROGRAM (MMP) FOR NEWLY QUALIFIED MEDICAL GRADUATES

<https://fr-fr.facebook.com/fmpam/posts/1718408414887852>

The FPMPAM's Mentor-Mentee Program (MMP) for newly qualified medical graduates is a voluntary service for medical graduates waiting to commence house officer posts in order to provide them with continuing medical education to prepare them in terms of general clinical skills and confidence prior to the commencement of house officer posts.

Practitioners who wish to volunteer for the above may contact the following:

Secretariat a/o: Ms Nur Hidayah
Email: secretariat@fmpam.org

78th PMPS AGM

Date: 25 March 2018
Time and Place: To be decided



The PMPS Committee Takes This Opportunity To Wish All

