



PMPS News

FOR MEMBERS ONLY

AUGUST 2018

ISSUE 19

President

Dr Yee Meng Kheong

President Elect

Dr Kamalanathan AG Raju
(Community Service
& Public Forum)

Immediate Past President

Dr Yek Sing Chee
(Membership Drive)

Hon. Secretary

Dr Loke Yee Heng

Hon. Treasurer

Dr Liew San Foi

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(Social/Informal Nite)
Major Dr R Jeyaratnam
Dr Kumar Thiagarajah
(Sports)
Dr Rajeswaran Paramjothy
(Membership Drive & Publicity)
Dr Rosalind Simon
(CME)
Dr Ting Sea Leong
(Tours)
Dr Yap Foo Ngan
(PMPS Newsletter)

Editor's Request

Members who are interested to write articles for the Newsletter kindly email: pmps.secretariat@gmail.com or fax: 05-2426549 or post to: PMPS Secretariat, KPJ Ipoh Specialist Hospital, 26 Jalan Raja DiHilir, 30350 Ipoh.

Letters to the Editor / President / Committee may be published in the Newsletter in full or in abbreviated form at the Editor's discretion. If the writer does not wish her/his name to be published she/he must specifically state so.

From the President's Desk

TIME awaits no man!

It was just 12 months ago I wrote in PMPS News (Issue 16) giving my first message as President. I am now penning my thoughts in this 19th Issue!



Election has come and gone. We have a **new government** and everyone, myself included is looking forward to what a "change" of guards can do. With so many promises made running up to the elections, we probably have to be patient and see what unfolds in the next couple of months or even years?

As it is, with just two months, it is looking good and promising.

We had our **PMPS Informal Dinner** recently on Saturday 15th April at Syeun Hotel, Ipoh. Dr Kumar, our Games Convenor with the help of some ladies in attendance, gave away the prizes for Badminton, Tennis, Squash and Table-Tennis for years 2016 and 2017. Dr Amarjeet and Dr Harbinder organised some interesting games for members, their spouses and families. It was a very enjoyable evening.

Our Federation of Private Medical Practitioners' Association Malaysia is organising the **2nd FPMPAM/IPH Convention** on 15th and 16th September at The Sunway Putra Hotel, Kuala Lumpur. Under the stewardship of our ever young Dr Steven Chow, we have managed to invite Tun Dr Mahathir and Tun Dr Siti Hasmah for "**A Nite with the PM**" on Saturday 15th. Tun has agreed to address us on a special topic "**Doctors and Society**". I urge members if not to attend this meeting, then at least do support the Federation by attending the dinner.

We have always complained that our 'cries' or 'issues pertaining to private practitioners' have fallen on deaf ears. Well, we have the PM now with us. Do make the effort. Thank you.

(Free registration for the first 10 PMPS registrants!)

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National Doctors' Day will be celebrated in Alor Setar on Saturday 13th October. We are trying to organise a bus to ferry us on that Saturday after work, leaving at 1:30 pm, attend the Doctors Day dinner and back the next day after a short tour of Alor Setar in the morning. Along the way back, maybe lunch at Butterworth or Bukit Tambun. The bus and lunch will be sponsored by PMPS. Dinner (RM70/pax) and hotel is on your own.

We will in Perak have **our own Doctors' Day celebration** by having our Annual Games and a dinner on Sunday 28th October. The games will be played at Ipoh Swimming Club (badminton, table-tennis and squash) and Tennis at DBI. There will be a CPD followed by dinner at a venue to be decided later.

One last call for **Mentors!** We successfully had our first batch of mentees in February this year and are now in the midst of preparing for the second batch. Even without any announcement, we have already 13 mentees who have just completed the MBBS with the UniKL Ipoh and are keen to join our program.

Please contact Dr Amarjeet (012-5226662) or me (017-5784530) for more information.

Together with the Postgraduate Medical Education Society, Hospital Ipoh and Malaysian Association of Public Health Physicians (Perak Branch), we have started organising the **11th ASEAN & 8th Perak Health Congress on Primary Health Care** for next year. We have fixed it for 21st to 23rd June 2019. This is for the purpose that whoever that still requires any CPD points to apply for APC 2020 then, can use this meeting to top it up. There was a discussion to have it in July 2019 as then one can start the new calendar year (1st July 2019 to 30th June 2020) with a 'bang' - 20 CPD points! But then that's for APC 2021! We thought better not look too far ahead. Let's sort out a year at a time.

Times flies! My term is finishing in another eight months. If you want anything that I or my committees can help you with, please contact me or our secretariat, Ms Wendy Wong.

Thank You.
Dr Yee Meng Kheong
017 5784530

PMPS COMMITTEE MEETINGS

The present PMPS Committee 2017-2019 was elected at the 77th PMPS AGM in March 2017 with its term ending in March 2019. It has held nine meetings so far. The meetings are usually held at KPJ-ISH Meeting Room, on Sunday 3:00 pm to enable as many committee members as possible to attend.

TO KEEP YOU CONTINUOUSLY INFORMED AND UPDATED PMPS WHATSAPP GROUPS

1. **PMPS Broadcast** — The Secretariat handled by Wendy uses this one-way avenue to inform members of relevant issues.
2. **PMPS Members Forum** — Members are urged to be prudent in using this Forum and avoid inadvertently sending unauthenticated information.

REMINDER

The usual reminder to support your society:

- pay your subscriptions
 - check that your latest details are recorded
- Please inform your secretariat.

Send to:

The Perak Medical Practitioners' Society
c/o KPJ Ipoh Specialist Hospital
26 Jalan Raja Dihilir, 30350 Ipoh



WORLD HAPPINESS REPORT 2018:



WHAT DOES IT TELL MEDICAL PRACTITIONERS AND OUR GOVERNMENT?

by Dr Yap Foo Ngan, Editor

Introduction

The World Happiness Report 2018 has been released by Sustainable Development Solutions Network (SDSN) of United Nations (UN) in March this year.

In July 2011, the UN General Assembly adopted resolution 65/309 Happiness: Towards a Holistic Definition of Development. Member countries were invited to use data on their people's happiness to help formulate public policy. SDSN has published World Happiness Report (WHR) annually since 2012. In June 2016 the Organisation for Economic Co-operation and Development (OECD) committed itself "to put people's well-being at the centre of governments' efforts".

People of the world have been on the move increasingly to seek a happier life. The migration is both international and rural-urban. WHR 2018 covers extensively the happiness or subjective wellbeing of migrants.

In their pursuit for a happier life Malaysians have just voted successfully for the first change in government in the country's history. This article will highlight issues pertaining to Malaysia and us as medical practitioners.

The Ranking And Messages For The Government

156 countries are ranked for WHR 2018 compared to 155 countries in WHR 2017. The rankings of country happiness are based on Gallup World Poll surveys from 2015-2017. The subjective wellbeing (SWB) or happiness scores are based the Cantril Ladder scale

(0 to 10; 10 being the best possible) on answers to the main life evaluation question used (See Table 1).

Table 1:
Population-Weighted Distributions of Happiness, 2015–2017

Region	Happiness Score (Mean)
WORLD	5.254
Northern America & ANZ*	6.958
Western Europe	6.635
Latin America & Caribbean	6.193
Central and Eastern Europe	5.848
Commonwealth of Independent States**	5.460
East Asia	5.343
Southeast Asia	5.280
Middle East & North Africa	5.003
Sub-Saharan Africa	4.425
South Asia	4.355

* ANZ – Australia & New Zealand;

** Commonwealth of Independent States – a successor entity to the former Soviet Union.

Six key variables have been found to support the people's SWB. All the top countries have high values for all these key variables: (Items 3 to 6 are based on Gallup World Poll.)

1. Income — based on GDP per capita in terms of Purchasing Power Parity
2. Healthy life expectancy
3. Social support — availability of relatives or friends to help out when needed
4. Freedom to make life choices

continue in page 4

(continued from page 3)

5. Trust — perception of corruption in the government and business sector
6. Generosity — frequency of people donating money to charity

Among the South East Asian countries Singapore is ranked at the top, followed by Malaysia. However while Malaysia improved its ranking from 42 in WHR 2017 to 35 in WHR 2018, Singapore declined from 26 to 34. It is intriguing to scrutinise and learn from the

Table 2: Country Ranking of Happiness 2015–2017 Compared with 2014–2016 (Selected Countries)

2015-17	Country	2014-16	2015-17	Country	2014-16
1	<i>Finland</i>	5	46	Thailand	32
2	<i>Norway</i>	1	54	Japan	51
3	<i>Denmark</i>	2	57	South Korea	56
4	<i>Iceland</i>	3	71	Philippines	72
5	Switzerland	4	75	Pakistan	80
6	Netherlands	6	76	Hong Kong	71
7	Canada	7	86	China	79
8	New Zealand	8	96	Indonesia	81
9	Sweden	10	95	Vietnam	94
10	Australia	9	97	Bhutan	97
18	USA	14	110	Laos	-
19	UK	19	115	Bangladesh	110
26	Taiwan	33	116	Sri Lanka	120
33	Saudi Arabia	37	120	Cambodia	129
34	Singapore	26	130	Myanmar	114
35	Malaysia	42	133	India	122

Note: All the Nordic countries (in italics) are among the top 10.

Table 3: Comparison between Malaysia and Singapore on the World Happiness Report Scores

	Happiness Score	GDP per capita	Social support	Healthy life expectancy	Freedom to make life choices	Generosity	Perceptions of corruption
Malaysia							
WHR 2018 Scores	6.322	1.161	1.258	0.669	0.356	0.311	0.059
Rank	35	44	78	75	117	16	105
WHR 2017 Scores	6.084	1.291	1.285	0.619	0.402	0.417	0.066
Rank	42	43	64	73	92	18	103
Singapore							
WHR 2018 Scores	6.343	1.529	1.451	1.008	0.631	0.261	0.457
Rank	34	4	44	2	22	30	1
WHR 2017 Scores	6.572	1.692	1.354	0.949	0.550	0.346	0.464
Rank	26	3	56	1	31	31	1

Note: The Happiness Score is not the sum of the other scores.

changes in ranking of the two neighbouring countries (see Table 2).

While Malaysia has improved on the Happiness Score (or SWB score) she has improved only on her score for healthy life expectancy. She has declined on the scores for the other five variables: GDP per capital, social support, freedom to make life choices, generosity and perception of corruption. The rankings for some of these need to be considerably improved (see Table 3).

On the other hand despite Singapore having declined on her citizens' Happiness Score she has improved on her scores for three variables (social support, healthy life expectancy and freedom to make life choices). She also has excellent rankings for GDP per capital, healthy life expectancy and perception of corruption.

The Messages For Medical Practitioners

Medical practitioners certainly can contribute to healthy life expectancy and productivity to improve GDP per capital.

The Latin Americans have higher happiness despite their countries having high poverty rates, great income inequality, high violence and crime rates and high levels of corruption. WHR 2018 explains that this is related to their belief and practice that the family play a central role in raising kids as well as in taking care of the elder.

On the other hand in USA income per capita has more than doubled since 1972 but happiness has declined. This is related to worsening of social support networks, perceptions of corruption and confidence in public institutions. Further, U.S. life expectancy actually fell by 0.1 year from 2014 to 2015, and then by another 0.1 year from 2015 to 2016. WHR 2018 highlights the three serious epidemics in USA: obesity, substance abuse, and depression.

Conclusion

Last sentence of the WHR 2018 states: **The challenge of well-being is a matter both of high politics and economics and the sum of individual and community-based efforts.**

PMPS as a society for the medical practitioners in Perak, plays a role in promoting their wellbeing (a.k.a. happiness). It does so by providing social support (e.g. the WhatsApp group PMPS Members Forum), information, organising the biannual Conference/Congress on Primary Health Care and other activities, including production of this newsletter.

The paradoxes in Latin America and USA are described briefly above. The next issue of PMPS News may explore further on them for relevant messages for us as medical practitioners and Malaysians.

Main references:

<http://worldhappiness.report/>
https://en.wikipedia.org/wiki/World_Happiness_Report

CONTINUOUS PROFESSIONAL DEVELOPMENT (CPD) AND NATIONAL SPECIALIST REGISTER

CPD CONUNDRUM

OK for Now ?

by Dr Rosalind Simon,
CME Coordinator

The CPD year has started! It is compulsory for all doctors to obtain 20 points for you to continue to practise in the field of medicine for the year 2020 onwards, irrespective of whether you are in public, private or university setting! If you manage to collect more than 20 points within a year, the extra points however, cannot be carried forward.

The Specialists

The conundrum of core and non-core points for specialist has been resolved for now. This is not a requirement and CPD points are not necessary for NSR renewal (for now). It will be good for specialist to check the NSR website for updates every CPD year calendar.

Specialist have the options of just maintaining the NSR-CPD for their specialty accredited meetings or like me who maintains both NSR-CPD system and MMA-CPD systems. This I do because I do attend hospital/drug company CME and this is captured only by the MMA system. The only issue with the NSR CPD points is that you need to go through their listed approved events which is not arranged in any order. Once you find it, then it is easy and upon

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submission there is an automatic reply almost immediately to inform that the event has been recorded into your points.

The General Practitioners

Our general practitioners have to maintain the MMA CPD. If you have not downloaded the application, it is about time this is done and yes, you will need a smart phone for this! If you have problem registering, please email to cpd@mma.org.my for help.

How About On-Line CPD Points Accumulation?


So far we have websites/links for three accredited online CPD courses where we can earn CPD points, which are

- 1) **MMA online Contraceptive Course** at <http://www.mmasavinglives.my/> which is free for all doctors, MMA members and non-MMA members. It currently consists of 10 online courses with total of 10 CPD points to be earned.
- 2) <http://www.mims-cpd.com.my/> is free for MMA members but there is a fee of RM300 per year for non-MMA members. You can gather 20 points from 1/7/2018–30/6/2019 from the comfort of your clinic.
- 3) **Medscape CPD**, <https://www.medscape.org/> can be used to claim for CPD points if you use the MMA App and submit under the Manual Submission tab; one point per activity. You need to submit details and snap a picture/upload the CME certificate for the activity.

Application For CPD Points By Organisers Of CPD

If you plan to organise a CPD event, submissions must be at least 30 days before the event. This is because the MMA-CPD Committee currently handles a high volume of events for approval. Doctors also must realise that MMA will entertain ad hoc event submission only for overseas events and not local ones. Which basically means if any local events do not register for CPD prior to the event, attendees will get no points.

If there is any further enquiry, please feel free to drop me an email at ros7sim@gmail.com and I will assist you or refer to the right person.



**MEDICAL ACT (AMENDMENT) 2012
AND THE MEDICAL REGULATION 2017
(AKTA PERUBATAN (PINDAAN) 2012 DAN PERATURAN-
PERATURAN PERUBATAN 2017)**

<http://fpmmpam.org/files/20170707102518587.pdf>
<http://www.mmc.gov.my/index.php/faqs>

In accordance to the above act, the following are required of us:

- Annual Practising Certificate Renewal (APC) — From year 2020 this should be accompanied by
 - a. Evidence of professional indemnity cover
 - b. Sufficient continuing professional development (CPD) points (at least 20).
 - (i) Renewal of APC for year 2020 — practitioners should acquire at least 20 CPD points during the period 1/7/18 to 30/6/19.
 - (ii) Fee — With effect from 1st July 2017
 - ~ The APC application fee is RM100.
 - ~ Late application is subjected to an additional fee of RM100.
- All medical practitioners are to state their MMC registration number on all medical prescriptions and all other documentation and records, whether in paper or electronic format.

E-CERTIFICATE FROM NATIONAL SPECIALIST REGISTER

<https://nsr.org.my/loginNSR1.asp>

The Medical (Amendment) Act 2012 was gazette and published in 2012. The Medical (Amendment) Act 2012 makes it a legal requirement for doctors wishing to practice as specialists to have their name entered on the National Specialist Register.

A New E-Certificate is available for all registered specialists. Kindly update your account before you download your E-Certificate by logging into the following site:

THE FPMPAM MENTOR-MENTEE PROGRAMME IN PERAK 2018

Coordinator: Dr Amarjeet Kaur

Chairman: Dr Yee



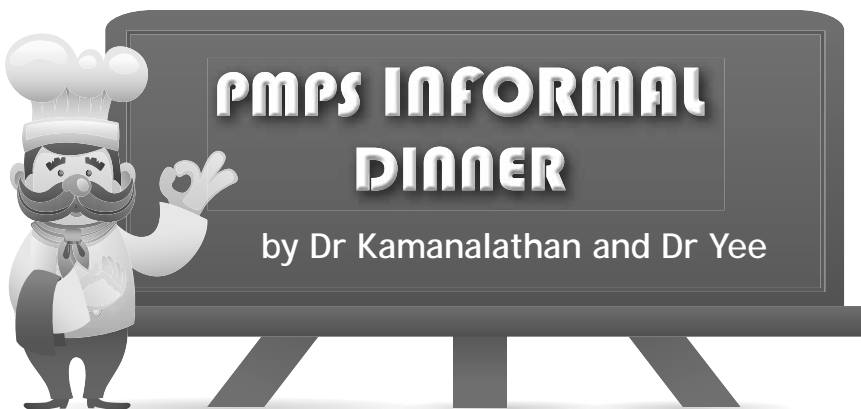
Meeting with UniKL-RCMP's
Prof Dato' Dr Subramaniam and Encik Anuar

This is part of the FPMPAM MENTOR-MENTEE PROGRAM for newly qualified medical graduates. <https://fr-fr.facebook.com/fmpam/posts/1718408414887852>

Practitioners who wish to volunteer for the above may contact Dr Amarjeet, Dr Yee or the PMPS Secretariat for the application forms. A certificate of appreciation will be issued to each Mentor doctor in this Programme.

The first batch of seven mentees under the PMPS Programme underwent their menteeship in February this year. The next intake is expected to be in late August or early September.

Upon request from Universiti Kuala Lumpur Royal College of Medicine Perak (UniKL-RCMP), the PMPS Mentor-Mentee Subcommittee (Coordinator Dr Amarjeet, Chairman Dr Yee and Dr Yap) met up with their representatives on 6th July about providing this programme for their new MBBS graduates.



Please see report in President's Message. We would like to thank Dr Loke who contributed RM500 and Dr Yek who gave his committee allowance (2017) of RM800 to the occasion.



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PMPS Sports Awards



Games, Songs and Dances

BLOOD DONATION & HEALTH SCREENING

organised by PMPS Sitiawan Chapter

Chairman: Dr Ho Koh Hauw

27 May 2018 (Sunday), 8:30 am – 12:00 noon, Wesley Methodist Church, Sitiawan

There were a total of 74 blood donors, of whom 66 were successful and eight were rejected. 96 people had their blood pressures and blood sugars checked. 14 pledged their organs for organ donation.



ANNOUNCEMENTS

Congratulations

PMPS is pleased to congratulate **Dr Lee Boon Chye**, our past president (2003-2004), for being sworn in as the Deputy Minister of Health on 2nd July 2018 together with other Malaysian Government cabinet members.

YB Dr Lee (third from left) with YB Dr Haji Dzulkefly Ahmad (Minister of Health) on his right, Datuk Dr Noor Hisham Abdullah (Director General of Health, far left) and Dato' Seri Dr Chen Chaw Min (Secretary General of Health, far right) after taking his oath of office in front of the Yang Di-Pertuan Agong



Hand-Foot-And-Mouth Disease

<https://www.cdc.gov/features/handfootmouthdisease/index.html>

<https://kpkesehatan.com/>

HFMD is caused by Coxsackie A16 and the Enterovirus 71 (E71) transmitted through contact with the saliva, sputum, nasal mucus, blister fluid and faeces of the infected. It mainly affects children younger than 5 years old.

For the first seven months this year, around 38,000 cases have been reported across the country, with one death (2-year-old child) in Mukah, Sarawak.

Further information, appropriate measures for prevention and treatment can be found in the above two websites.

Games

PMPS Golf:

5 Aug 2018, with dinner and CME later in the evening.

PMPS Annual Games:

28 Oct 2018

Interclub Games:

11 Nov 18
With Ipoh Swimming Club;
badminton and tennis

Doctors' Day 2018

National Doctors' Day

Please see President's Message for some details being planned.

Venue: Alor Setar

Date: Saturday, 13th October

Perak Doctors' Day

Please see President's Message for some details being planned.

Date: Sunday, 28th October

Venue: Annual Games

- at Ipoh Swimming Club

CPD and Dinner

- venue to be decided

TOURS

3D2N Langkawi Trip

Tour Coordinator:

Dr Ting Sea Leong

Dates:

18-20 Aug 2018

Highlights:

Oriental Village,
Cable Car, 3D Art, Sky
Bridge, Underwater
World, Cenang Beach,
Gamat Shop, Island
Hopping, Wildlife Park,
Kilim Mangrove Tour,
Eagle Square

Taiwan Tour

Dates:

Third week in
November 2018

1st FPMPAM Malaysian Healthcare Conference

in conjunction with
2nd FPMPAM/IPH Convention

Please see President's Message for some details being planned.

<http://fpmpam.org/> &

http://fpmpam.org/files/A_Nite_with_the_PM.pdf

Dates: 15th and 16th September

Venue: The Sunway Putra Hotel, Kuala Lumpur

Theme: Current Issues in Medical Practice
and Healthcare in Malaysia

Highlights: "A Nite with the PM"

with Tun Dr Mahathir

and Tun Dr Siti Hasmah (Saturday 15th)

Special topic: "Doctors and Society" by Tun Dr Mahathir

Dinner subscription — RM 3000 per table for medical
organizations. CLOSING DATE: 10/8/18

Proceeds from the event will be donated to Tabung Harapan

**FUTURE CHALLENGES IN
PRIMARY HEALTH CARE
21-23 June 2019**

Pre-congress Workshop: 20 June 2019
Hotel Casuarina@Meru, Ipoh

**11TH ASEAN
& 8TH Perak Health**

CONGRESS ON PRIMARY HEALTH CARE



This Congress / Conference is jointly held by the Perak Medical Practitioners' Society, Postgraduate Medical Education Society of Hospital Raja Permaisuri Bainun, and Malaysian Association of Public Health Physicians (Perak Branch) which was roped in for the 10th Conference in 2017 to pull in more resources as well as participants.

The next sitting will be held as a Congress over three full days, hence qualifying for 20 CPD points.

The Organising Committee under the diligent leadership of President Elect Dr Kamalanathan is working very hard on it. It held the preliminary meeting on 28 Mar 2018 and has had three further meetings so far.



WHY JOIN PMPS?



The membership of PMPS is open to registered medical practitioners and dental surgeons resident in Perak. It has been established to help contribute to the well-being of its members as well as the public through the following objectives as stated in its constitution.

OBJECTIVES

- a) To encourage and foster friendship amongst its members.
- b) To encourage the further development of medical science whenever possible.
- c) To protect and promote the professional interests of its members.
- d) To promote and maintain professional ethics.
- e) To enlighten the public on matters of health.
- f) To carry out community services to the Malaysian public.

BENEFITS TO MEMBERS

- a) **Continuous Professional Development (CPD)** — PMPS is a registered CPD provider. It regularly holds CPD sessions for its members together with other medical organisations. The last example was the CPD session (which carried 2 CPD points) held with its AGM in an alluring heritage gallery cum eatery in Ipoh Old Town.
- b) **Discount of registration fee for PMPS' 2-yearly Conference On Primary Health Care.** E.g. the fee for PMPS members for the 10th Conference in 2017 was RM300 compared to RM400 for non-member doctors. Note that this discount is equal to twice the annual subscription of RM50. Note also the 11th ASEAN & 8th Perak Health Congress/Conference on Primary Health Care announced above.
- c) **Others** — these are evident when you go through this PMPS News, which also keeps you informed of issues relevant to you and which you receive free.



NEW MEMBERS

Life Member — approved by PMPS Committee (8th Committee Meeting, 16/5/18)

Dato' Dr Zakaria A Kadir

Exempt Member — approved by PMPS Committee (8th Committee Meeting, 16/5/18)

Dr Lai Thian Seong

Ordinary Member — approved by PMPS Committee (9th Committee Meeting, 29/7/18)

Dato' Dr Aris Chandran bin Abdullah



MALAYSIAN MEDICAL COUNCIL GUIDELINE & APPLICATION FORM FOR ANNUAL PRACTICING CERTIFICATE

Please take note:

- a. The following information is provided to assist you.
- b. Please read these notes for guidance before completing the Application Form.
- c. You are expected to observe and comply with ALL the terms and conditions stipulated herein.
- d. Not adhering to any of the requirements may result in undue and unnecessary delay in processing your application.
- e. The Malaysian Medical Council will NOT be held responsible for any delay due to your non-compliance with the terms and conditions set herewith.

1. Pursuant to the Medical Act 1971 (the Act), practitioners are required to register with the Malaysian Medical Council (MMC) to practice medicine in Malaysia;
2. Apart from registration, the Act also mandates practitioners who want to practice in that particular year to apply for Annual Practising Certificate (APC);
3. To be eligible for an APC, you:
 - 3.1. need to be **Fully Registered** with the MMC;
 - 3.2. do not contravene any of the sections under the Act such as resigning from the public services before completing the compulsory services; and
 - 3.3. pay the fee (and the penalty), where applicable.
4. In accordance to **Regulation 28** of the Medical Regulations 2017 (the Regulations):
 - 4.1. The fee payable for APC is as prescribed in the Second Schedule of the Regulations.
 - 4.2. Applications shall be accompanied by a professional indemnity cover and evidence of sufficient continuing professional development points.
 - 4.3. Regulation 28(3) states explicitly that 'Except in the case of a first application for an annual practising certificate, where any fully registered medical practitioner desires to practise after the thirty-first day of December of any year but fails to apply for an annual practicing certificate before the first day of December of that year shall pay, in addition to the fee payable in respect of an annual practising certificate, an additional fee for late application as prescribed in the Second Schedule'.
5. You are required to submit a one hundred ringgit (RM100.00) fee (pursuant to Regulation 28(1) and 47 of the Medical Regulations 2017) in bank draft, money order, postal order or cheque in favour of '**Kumpulan Wang Majlis Perubatan Malaysia**' with your name and identity card number written behind the payment slip.
6. To avoid delays, please ensure:
 - 6.1. To submit your application before 1st day of December. (NOTE: Proof of postage is NOT proof of delivery or receipt).
 - 6.2. To complete ALL mandatory fields marked "*" in the specified Form 14 (preferably type-written in *block letters*).
 - 6.3. The principal place of practice and other places of practice(if any) have to be specified clearly and in detail in the application form (Form 14)
 - 6.4. Any medical practitioners, employed in the public services and wish to include a place of practice in a private sector, please refer to the APC- Amendment document.
7. Application from foreign medical practitioners, who are fully registered under Section 14(3), will not be approved if;
 - 7.1. The place of practice does not comply with any restrictions and/or conditions specified in the full registration certificate.
 - 7.2. The full registration has already expired.
8. Application should only be made by the **practitioner** himself and **NOT** by any third party.

9. If you are applying for the first time after retirement or resignation from public sector you need to enclose:
 - 9.1. A copy of resignation/retirement letter that stated the effective date of resignation/retirement and;
 - 9.2. A certified true copy of service book from your ex-employer (**for resignation only**)
10. Application can be submitted in person or sent via post.
11. Before submitting, please refer to the checklist provided.
12. Please notify us about a change of address in writing by completing a new Appendix A Form.
13. All documents should be certified according to the MMC Guideline for Document Verification. (Please visit the following link: <http://www.mmc.gov.my/images/contents/downloadable/Guideline-doc-verify.pdf>).
14. Should your printed names in any of the submitted documents differ, you are required to submit a Statutory Declaration (stating the name as on the identity card is the same individual)
15. If the original documents are not in either Bahasa Malaysia or English, you need to submit translated versions (original and not copy) in either Bahasa Malaysia or English along with certified copies of the document in its original language. Translated documents are only acceptable if carried out by qualified translators such as Institut Terjemahan dan Buku Malaysia (ITBM) or Officers of appropriate Embassy.
16. Please submit this application to:

***The Registrar of Medical Practitioners,
Malaysian Medical Council,
Block B, Ground Floor,
Jalan Cenderasari,
50590 KUALA LUMPUR.***
18. You are advised to keep a copy of this application for your reference.
19. If you are notified of any shortcomings in your application, you are strongly advised to respond **immediately** to prevent delays.
20. If you wish to update/amend any particulars in the APC or add new practice address(es), please refer to the **APC - Amendment** document.
21. Please allow us 4 (four) weeks to process your Annual Practising Certificate.
22. Your APC will be sent directly to you by post. If you want to collect it, please state it clearly in your application form. However, if you want someone to collect on your behalf, he/she needs to produce a Letter of Authorization from you during collection.
23. Please feel free to **contact us** if you:
 - a. Have not received any feedback from us regarding the application;
 - b. Do not hear from us after the processing period is over; and/or
 - c. Require assistance or if you have any questions.

Your cooperation is greatly appreciated.

Thank you.
Secretary,
Malaysian Medical Council.

Revised:

First: **18 December 2008.**

Second: **11 June 2009.**

Third: **20 September 2010**

Fourth: **29 June 2017.**



MALAYSIAN MEDICAL COUNCIL

(Application for APC Year: _____)

Form 14

(Section 20, Medical Act 1971)

(Regulation 28, Medical Regulations 2017)

APPLICATION FOR ANNUAL PRACTICING CERTIFICATE

1.	Full Name of Applicant (as in Medical Register)	
2.	NRIC or Passport No.	NRIC/Passport No.: Old IC No.:
3.	Indemnity Insurance (only required on the 1 st January 2019)	Provider: Policy No.: Date:
4.	Continuing Professional Development (CPD) Points (only required on the 1 st January 2019)	Points Collected: Year:
5.	Contact Information	Phone: Email:
6.	Residential Address <u>with postcode</u>	
7.	a. Address of principal place of practice <u>with postcode</u>	
8.	b. Address of other place(s) of practice <u>with postcode</u> (Please attach separate paper if more than 2 place of practice <u>with full name/identity card/APC year</u>)	
9.	a. Full registration certificate No.	
	b. Date of full registration or of registration under any previous law	
	c. Place of registration under any previous law	
10.	Last Annual Practicing Certificate No.	
11.	Particulars of bank draft/money order/ postal order/cheque which is attached	a. No.: b. Sum: RM c. Post Office/Bank & Date:

Date: _____

Signature of Applicant _____

Note:-

- This application should be addressed and submitted to:
The Registrar of Medical Practitioners, Ministry Of Health, Ground Floor, Block B
Jalan Cenderasari, 50590 Kuala Lumpur. (Tel No. : 03-26912171/ Fax No.: 03-26912937)
Not Later than the 1st day of December.
- The fee of RM100.00 should be made towards "Kumpulan Wang Majlis Perubatan Malaysia".
- Where the application is made later than the 1st day of December, an additional late fee of RM100.00 is payable.
- Please fill the form in BLOCK LETTERS completely and please make a copy for use in future.
- The fee is payable by bank draft/money order/ postal order/cheque only.
- Please write your name and Identity Card Number behind the bank draft/money order/ postal order/cheque.
- Practitioners who are NOT yet fully registered are not eligible to apply for APC.
- For Foreign Practitioners, please attach a copy of your Full Registration.
- Please submit a certified copy of your Resignation Letter and KKM service book if you have just resigned from government service.

APPENDIX A FORM :

(To be filled only for purposed of APC Amendment)

1. Name*:
2. (a) Identity Card No.*: New :-.....-..... Old: (Color:)
(b) Passport No. (for foreigner)*:
3. Citizenship: Malaysian/If Others* (Please state):
4. Date of Birth:/...../..... 5. Gender: Male/Female*
6. Race: Malay/Chinese/Indian/Others* 7. Religion:
8. Telephone No. (Res.)-..... (H/P)-.....
9. Email address:
10. Qualification of Medical Degree:
 - 10.1. Qualification:
 - 10.2. Institution granting the qualification:
 - 10.3. Year obtaining the qualification:
11. Type of practice: Sole-proprietor/Group/Government*
12. Total No. of Places of Practice (if more than one place of practice):places.
13. Practice Addresses and treatment times (please append attachment, if necessary):
 - 13.1. Address:
Day & Time:
Tel. No.:-..... Fax No.:-.....
 - 13.2. Address:
Day & Time:
Tel. No.:-..... Fax No.:-.....
 - 13.3. Address:
Day & Time:
Tel. No.:-..... Fax No.:-.....

Note: If you need more space, please use a separate sheet of paper. Please use the reference format illustrated above.

14. Mode of Certificate Delivery: Please choose one only.

a. Please Post

☐

b. Collect In Person

☐

c. Somebody on my Behalf

☐

Date*:

.....
*Signature of applicant**

*

Delete whichever is not applicable