



PMPS News

FOR MEMBERS ONLY

APRIL 2019

ISSUE 21

President

Dr Kamalanathan AG Raju
(Community Service
& Public Forum)

President Elect

Major Dr R Jeyaratnam
(Membership Drive & Publicity)

Immediate Past President

Dr Yee Meng Kheong

Hon. Secretary

Dr Loke Yee Heng (Tours)

Hon. Treasurer

Dr Liew San Foi

Committee Members

Dr Amarjeet Kaur
(Social/Informal Nite)
Dr Chan Chong Guan (CME)
Dr Kumar Thiyagarajah (Sports)
Dr G. Nantha Kumar
(Membership Drive & Publicity)
Dr Rajeswaran Paramjothy (Tours)
Dr Rosalind Simon (CME)
Dr Yap Foo Ngan
(PMPS Newsletter
& Community Service)

Editor's Request

Members who are interested to write articles for the Newsletter kindly email: pmps.secretariat@gmail.com or fax: 05-2426549 or post to: PMPS Secretariat, KPJ Ipoh Specialist Hospital, 26 Jalan Raja DiHilir, 30350 Ipoh.

Letters to the Editor / President / Committee may be published in the Newsletter in full or in abbreviated form at the Editor's discretion. If the writer does not wish her/his name to be published she/he must specifically state so.

From the President's Desk

WARM salutations to all the esteemed members of PMPS.

It is with great honour that I commence my second round as your President, my last being six years ago in 2013-2015.



Time flies so fast and I have to keep up the pace with our two past Presidents before me, the young and vibrant Dr Yek Sing Chee, and the youthful, energetic hardworking Dr Yee Meng Kheong. I like to express my special thanks to Dr Yee MK and the committee for their hard work and the initiation of the Mentor-Mentee Programme under the umbrella of the Federation of Private Medical Practitioners' Associations Malaysia (FPMPAM). It is praiseworthy that Perak may be the only state that is keeping alive the Mentor-Mentee Programme.

I have inherited nearly the same committee with the addition of two new committee members. We are here to keep our PMPS flag flying high and let the members feel free to push us to greater heights.

1. We intend to continue the Mentor-Mentee with greater enthusiasm and request more active participation of our members - both the seniors and the younger generation.
2. We intend to visit the districts of Perak to hold CMEs and at the same time to recruit new members and maybe form PMPS chapters like in Manjung.
3. To ensure a successful 11th ASEAN & Health Congress, we humbly request more active participation from PMPS members. We have given PMPS members a lower registration fees to encourage more members to participate.
4. A short local tour has been arranged (2 days 1 night): Teluk Intan, Perak River and Sky Mirror (June 15-16th). A most encouraging response has been received. An overseas tour is being planned for Myanmar later this year.
5. Our annual Doctors Day cum Installation Dinner is being planned for October 2019.

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I trust we can fulfil the aspirations of our members. My committee and I are ever ready to serve and can be contacted anytime.

We like to express special thanks to KPJ ISH for their generosity in allowing us to use their premises as the venue for our meetings and as our secretariat.

A very Happy Ugadi, Vishu, Vaishaki, and Tamil New Year to all celebrating.

Thank You.
Dr Kamalanathan
AG Raju

AGM CUM CPD 24TH MARCH 2019 (SUNDAY)

Dr Loke Yee Heng, Hon. Secretary

This year we held our 79th Annual General Meeting at Weil Hotel in combination with the annual lecture series of the Malaysian Society of Otorhinolaryngologists Head & Neck Surgeons, arranged through the effort of Dr Rosalind Simon.

The packed CPD programme began in the morning, continued after lunch and through to afternoon tea. Registration for the lectures was limited participants to 165 only because of the size of the meeting room.

During the afternoon, Dr Teoh Soong Kee gave a short introduction to the life and works of Dr Wu Lien Teh. PMPS has been doing this for a few years now, in conjunction with our annual general meeting cum CPD, to commemorate this prominent son of Perak. To read more about Dr Wu, you can visit <http://wulientehsociety.org/biography/>.

The PMPS AGM was held at the end of the lectures and after tea at 6 pm. The attendance was less than last year, probably

because the members have had a long day taking in educational nuggets in ENT. Nevertheless the AGM went on successfully when the quorum was fulfilled.

The house confirmed Dr Kamalanathan as President for the ensuing two years. He accepted in absentia since he was on medical leave. Dr Yee was declared Immediate Past President, and continued chairing the AGM.

The house also deliberated a resolution brought by Dr Ting Sea Leong regarding purchasing a suitable property for PMPS. By a majority vote, the house consented to allow the incoming committee to survey for purchase a suitable property under RM400,000.00. A working paper will be tabled when a suitable property is found, and this will be presented to members at an Extraordinary General Meeting.

Dr Yee then thanked all present for their attendance and participation. The AGM adjourned at 6.45pm

The following members were elected to the Committee of 2019-2021 unanimously:

President Elect:
Dr R Jeyaratnam

Hon. Secretary:
Dr Loke Yee Heng

Hon. Treasurer:
Dr Liew San Foi

Committee Members:
Dr Amarjeet Kaur
Dr Rosalind Simon
Dr T Kumar
Dr Yap Foo Ngan
Dr Rajeswaran Paramjothy
Dr G Nantha Kumar
Dr Chan Chong Guan

Hon Auditors:
Dr Kok Yuan Shing
Dr Yek Sing Chee

WORLD HAPPINESS REPORT 2018:

WEALTH AND HEALTH

by Dr Yap Foo Ngan, Editor

As United Nations evolves the world citizens' happiness has become her important agenda. World Happiness Reports (WHR) has been published by the UN Sustainable Development Solutions Network annually from 2012 (except 2014).

The main theme of WHR 2018 was on the connection between migration and happiness. It also devoted a chapter each to highlight the paradoxes found in Latin America and USA, where in contrasting manners happiness level contradicted major measures of socioeconomical parameters.

My article in PMPS News Issue December 2018 discussed the contradiction in Latin America. This article will dissect the paradox in USA.

The Paradox in USA

The income per capita in USA had more than doubled since 1972. However the level of happiness declined after reaching a peak in 1990.

The major factors identified to be contributing to this were:

1. Worsening of social support networks
2. Rising perception of corruption in government and business
3. Waning confidence in public institutions
4. Deterioration of the population's health status

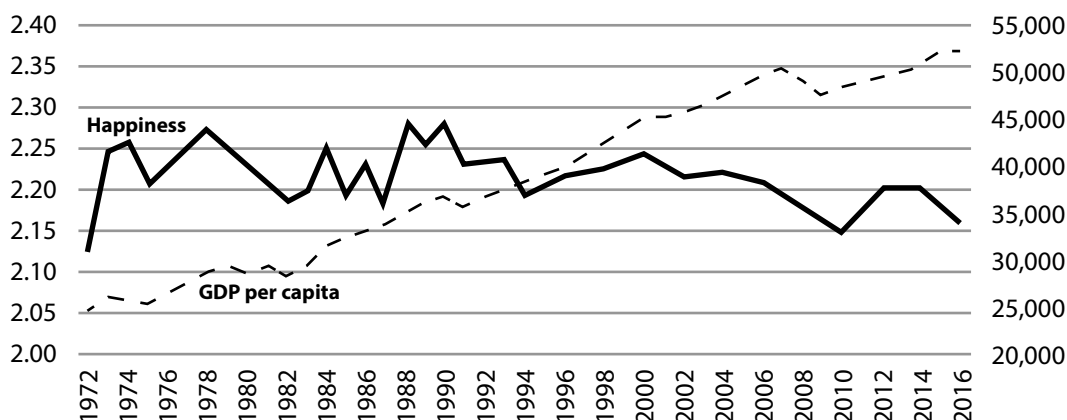
The first three factors were elaborated in WHR 2017 (Chapter 7). WHR 2018 (in Chapter 7 as well) focused on the population's health status. USA's health-adjusted life expectancy (HALE) fell in ranking among OECD member countries from 26th to 28th between 2000 and 2015.

USA has suffered from three serious epidemics: obesity, substance abuse, and depression. Her prevalence of these three disorders are among the very highest in the world.

Despite her financial strength USA's healthcare system is woefully lacking to face these epidemics

The Obesity Epidemic

USA's population has excessive consumption of sugar, averaging 126 grams per person per day. Remarkably 50 grams, or 40% of this comes from soft drinks. This



USA's Average Happiness and GDP Per Capita, 1972-2016

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50 grams is already 1.4 times of the global average of 34 grams sugar per person per day. This and the commercially driven trend of consuming processed food result in an obesity epidemic, and increase in the following: all-cause mortality, hypertension, dyslipidemia, type II diabetes, coronary heart disease, stroke, gallbladder disease, osteoarthritis, sleep apnea, some cancers (endometrial, breast, colon, kidney, gallbladder, and liver) and mental illnesses (depression, anxiety, and others).

The Opioid Epidemic

USA life expectancy declined by 0.1 year annually between 2014 and 2016. Her age-adjusted drug overdose death rates increased more than 300% from 6.1 per 100,000 in 1999 to 19.8 per 100,000 in 2016. USA Centers for Disease Control highlighted the important role of the rising substance abuse, in particular the opioid epidemic in this adverse trend. A major culprit was identified as the introduction in the 1990s of prescription opioids such as OxyContin and Fentanyl, and the increased use of heroin. WHR 2018 implicated the aggressive marketing by the pharmaceutical industry in this uprise in opioid-related deaths.

The medical fraternity needs to ask themselves "Since the prescribed opioids are implicated, can we extricate ourselves from our role in the opioid epidemic?"

The Depression Epidemic

Depression prevalence increased significantly in USA from 2005 to 2015, involving the youngest and oldest age groups, both genders, Non-Hispanic White persons, the lowest income group and paradoxically the highest education and income groups. Some of the factors contributing to this depression epidemic are startlingly basic. They have been identified as:

1. Sociological – increasing loneliness, declining social support system
2. Economical – rising inequality of income, economic stress
3. Change in cultural norms - prevailing materialism

4. Biophysical – decline in physical activity, increase in sugar addiction, increase in obesity and shortage of time spent in open sunlight
5. Technological trend – excessive time spent on social media and electronic devices such as smartphones, in particular among the adolescents

Conclusion – The Roles of Government and Medical Practitioners

Mid-Term Review of the 11th Malaysia Plan (2016-2020) was tabled by the new Government on 18/10/18. Its Pillar II "Enhancing Inclusive Development and Wellbeing" directs the Government to increase purchasing power and address socioeconomic inequalities to uplift the level of wellbeing of the rakyat. Improving the Healthcare Delivery System is one of measures stated. In Budget 2019 announced on 2/11/19 Ministry Of Health is the only ministry among nine being given increased allocation for both the operating and development expenditures compared to 2018 (The Edge Malaysia, November 5 - November 11, 2018).

Learning from WHR 2018, governmental effort on the citizens' wellbeing needs to include policy to facilitate development of relation within the family and the community, and address the health issues of mental illness, obesity and substance abuse.

It is clear that the medical professional in particular the frontline primary care sector (general practitioners/family physicians) has a pivotal role in addressing these concerns.

Epilogue — World Happiness Report 2019

The WHR 2019 has been released on 20 March 2019, the International Day of Happiness. In WHR 2018 Malaysia improved its happiness ranking to 35th from 42nd in WHR 2017. But in WHR 2019 it drops to 80th (in its Ranking of Happiness 2016-2018)! We may explore this in the next issue of PMPS News.

THE FPMPAM MENTOR-MENTEE PROGRAMME IN PERAK 2018

Dr Amarjeet Kaur, Coordinator & Subcommittee Chairperson, PMPs Mentor-Mentee Programme
(Subcommittee members: Dr Yee Meng Kheong & Dr Yap Foo Ngan)

Recently, the Dean of the faculty of medicine at Universiti Malaya, Dr Adeeba Kamarulzaman, was quoted as saying that most of the medical graduates undergoing their housemanship are unprepared for the job (<https://www.freemalaysiatoday.com/category/nation/2019/04/13/most-housemen-not-prepared-for-the-job-says-don/>). She went further to say "The housemanship programme is tough as many new doctors do not realise what they will face in their daily work. The two years represents a tough environment for them as they move out of the classroom to the hospital wards." Furthermore a long wait between classroom and the houseman posting does not help. There is almost 30% retention in the housemanship programme causing a backlog and affecting the training slots for new housemen.

The PMPs Mentor-Mentee Programme — since February 2018

In an attempt to help out the PMPs had initiated a Mentor- mentee Program from February last year, where medical graduates waiting for their houseman posting are placed under volunteer GPs and Specialists in the private sector to mentor and prepare them for the upcoming tasks. Some

of our mentees are placed in private hospitals and follow their mentors on rounds and also have the opportunity to watch and learn procedures besides having discussions on patient managements. Some are attached to General Practice and have first-hand experience in what it means to be a primary healthcare provider. They gain experience in managing common medical problems. In my practice I rotate them in the reception area, consultation room and the dispensary. At the reception they are front liners and get to practice their communication skills and some history taking as they triage the patients. They are also tasked with checking the vital signs. They learn to operate and learn the digital system and record keeping and clinic management. In the consultation room they assist in history taking, examination, investigations and procedures. They get to see interesting cases and we are able to have some discussions on management. At the dispensary they get familiar with the medicines and are encouraged to read and revise pharmacology and the clinical practice guidelines. It has been a fulfilling experience for me, knowing that I can do some good in contributing towards the medical fraternity. I am sure it has been the same for other mentors too.



Dr Yee: Meeting with our 3rd batch mentees on 20 Jan 19. 18 turned up and we managed to allocate each mentee a mentor. Together with me was Dr Amarjeet, our Programme Coordinator and Dr Shan, fellow mentor.

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The Mentees' Feedback – 3rd Batch (Feb – Apr 2019)

The mentees have also expressed their views. Some of their comments are as below:

"I'm attached at Pantai Hospital with Dr Jaya. It's going great so far. I've gotten lots of opportunity doing procedures and Dr Jaya taught me to read ultrasounds and perform them as well. He even talked about how to advance my career in O&G, although I haven't decided on that yet. Thanks Dr. I really recommend him for future mentees."

Dr Nurul Nabilah (Mentor: Dr Jaya Balan A/L Valliappan)

"I'm currently attached with Dr Supra at Perak Medical Center. It has been really good so far. We have gotten a lot of opportunities to clerk patients as well as perform procedures such as ECG, ultrasound, blood taking and wound dressing. Dr Supra, Dr Kanita and all the staff here have been so willing to teach. I have learnt so much not only about medicine but also how to interact with patients. Thank you for this opportunity."

Dr Shindu (Mentor: Dr K. Supramaniam)

"The Mentor-mentee programme has been a great platform whereby I polish basic clerking skills, physical examinations, coming up with differential diagnosis and finally learning the management for each case. I was able to see many common cases with the doctors at Klinik Bhajan. I enjoyed attachment with the doctors. They are willing to teach and share knowledge. Thank you Dr Amarjeet and Dr Yee."

Dr Deviashini (Mentor: Dr Amarjeet Kaur)

"Mentor-mentee programme has really been helpful. I would like to express my gratitude to all doctors who sacrificed their time for this programme especially to Dr Amarjeet (thank you for all the advice and teaching you give me). I learnt a lot in terms of polishing my soft skills and clerking skills, I also got to see common and interesting cases, procedures and familiarise myself with medications used in GP setting."

Dr Sayyida Nafisah (Mentor: Dr Amarjeet)

"I think it's an excellent programme because it provides medical graduates with clinical experience and it helps us keep in touch with what we learnt."

Dr Yoharam (Mentor: Dr Yek)

"Hi guys, for my feedback, I must say that this mentor-mentee programme is excellent opportunity for us mentees to learn from our experienced mentors in terms of clinical knowledge, soft skills and many other aspects. I've learnt about the holistic approach of medicine in treating patients from my mentor Dr Yap, a family medicine specialist. He has shown me multiple cases mostly involving bedridden patients requiring a lot of care as most patients are unable to care for themselves. One take home message I have learnt from Dr Yap is that physical examination is very important and just by inspection alone we can tell a lot about the patient's condition. Thank you Dr Amarjeet, Dr Yee and Dr Yap for the opportunity."

Dr Daaniyal Reesha (Mentor: Dr Yap)

"I would like to provide a comment on my mentor, Dr Tye from PCSH. My experience so far has been brilliant and I have gained so much from this programme. She has provided me with a good exposure to anaesthesia and engages discussions frequently. I have also gained skills in basic procedures as well as essential life-saving resuscitation skills. In addition, being in PCSH I have managed to learn from the other surgeons who are friendly and willing to teach. Thanks to PMPS for making this possible and this programme is excellent initiative and extremely helpful for us while waiting for houseman posting."

Dr Suniljeet (Mentor: Dr Tye)

"Thank you for initiating this programme. I find it helpful as I'm attached to a GP at Langkap. I'm brushing up my skills too. Dr. Deva is so friendly and willing to teach. I would recommend him for future mentees."

Dr Shalini Jayaveeran (Mentor: Dr Mohd Deva)

"We are doing really good in Perak Medical Center... a lot of things we learnt throughout this programme... That I can say more than I learnt in my university course Thank you for this opportunity."

Dr Ahmad Faris Zakwan (Mentor: Dr K. Supramaniam)

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Conclusion – Looking Forward

We at PMPS are grateful to all the mentors who sacrifice their time and, at times, their money to guide and encourage our budding new doctors. The exposure of these new doctors who will be the future administrators and specialists / HODs will help narrow the gap between government and private practitioners. The contribution of our mentors is invaluable. PMPS thank you for kindly accepting our request to help.

I hope the above affirmations by the mentees will motivate more doctors in the private to volunteer as mentors. Please feel free to contact me or Dr Yee if you are interested.



Dr Yek & Dr Yoharam



Dr Supra & Dr Ahmad



*Dr Amarjeet (Clinic Bhajan),
Drs Sayyida & Baizilah*



*Drs Deviashini, Syaza & staff
@ Clinic Bhajan*



*Dr Tye (Anaesthetist, PCSH)
& Dr Suniljeet*



*Dr Yee (Anaesthetist, Fatimah Hospital),
Drs Nur Atiqah & Suvendran*



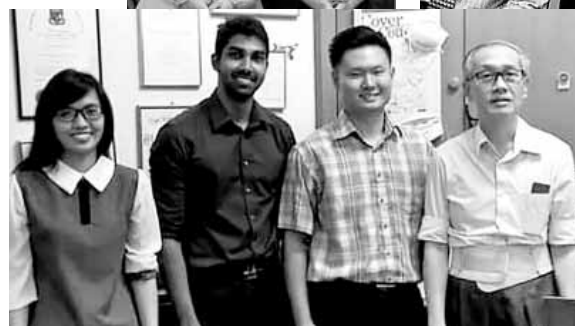
Dr Loo (Surgeon) and his angels



Dr Dewa & Dr Shalini



*Dr Leong (Chest Physician) said
"Meeting these young doctors has
been a tremendous blessing."*



PMPS COMMITTEE MEETINGS

The present PMPS Committee 2017-2019 was elected at the 77th PMPS AGM in March 2017. It has held 12 meetings during its term. The PMPS Committee 2019-2021 had its first meeting on 10 April 2019 during which the different portfolios were decided on.

COMMUNITY SERVICE

Dr Kamalanathan AG Raju, Coordinator, Community Service & Public Forum

The community service activities in the pipeline are:

MEDICAL CAMP
Menglembu, 27 April 2019

PUBLIC MEDICAL FORUM
Kg Koh, July 2019

BLOOD DONATION
& HEALTH SCREENING
PMPS Sitiawan Chapter,
12/5/19 (Sunday), 8:30 am - 12:00 n
Dr Ho Koh Hauw, Chairman, Sitiawan Chapter



WHY JOIN PMPS?



The membership of PMPS is open to registered medical practitioners and dental surgeons resident in Perak. It has been established to help contribute to the well-being of its members as well as the public through the following objectives as stated in its constitution.

OBJECTIVES

- To encourage and foster friendship amongst its members.
- To encourage the further development of medical science whenever possible.
- To protect and promote the professional interests of its members.
- To promote and maintain professional ethics.
- To enlighten the public on matters of health.
- To carry out community services to the Malaysian public.

BENEFITS TO MEMBERS

- Continuous Professional Development (CPD)** – PMPS is a registered CPD provider. It regularly holds CPD sessions for its members together with other medical organisations.
- Discount of registration fee for PMPS' 2-yearly Conference On Primary Health Care.** E.g. the fee for PMPS members for the 10th Conference in 2017 was RM300 compared to RM400 for non-member doctors. Note that this discount is equal to twice the annual subscription of RM50.
- Others** – these are evident when you go through this PMPS News, which you receive free.

TOURS

Coordinators - Dr Loke Yee Heng and Dr Dr Rajeswaran Paramjothy

2D 1N - PERAK RIVER BOAT CRUISING & SKY MIRROR (fully booked) • 15 - 16 June 2019 (Sat-Sun)

The very interesting Itinerary is co-planned by Dr Ting and Dr Loke Yee Heng. It includes visit to Gaharu Tea Valley, Visit to the Prawn Village in Tanjong Tualang, Teluk Intan (leaning clock tower, etc), Perak River (boat cruise along to see the beautiful evening sunset, fish farm, thousands of birds flying back home to the bird island, fire flies watching) and SKY MIRROR by boat ride from Sg Burung fishing village.

The following is a write-up on SKY MIRROR by Dr Ting:

Sky Mirror was discovered 70 years ago, but only published in 2016. Only certain days of a month during low tide a sand bar rises from the Strait of Malacca. With a thin film of water it acts like a mirror reflecting the blue sky and your image. Strong winds cause water ripples and reflected image will be blurred. Sunny days are preferred. This is where sky meets earth. Unique and fantastic photographs can be taken with colourful clothing and props. A similar place is found half a globe away in Bolivia -Salar de Uyuni.

TOUR TO MYANMAR - later this year



Langkawi, 28 – 30 Oct 2018

Some Memorable Local Tours Organised By Dr Ting, Past Tour Coordinator

Dr Ting Sea Leong (PMPS President 2011-13) declined to be in the new PMPS Committee. He was the Tour Coordinator for many years. He has offered to continue to help out in future tours. See the following pictures for some past local tours organised / led by hm.



Jelawang Waterfall – the tallest waterfall in Peninsular Malaysia, Gunung Stong, Kelantan, July 2009



Miri, Mulu National Park and Mulu Cave bats, May 2016

ANNUAL PRACTISING CERTIFICATE (APC) RENEWAL



Delayed Issuance of APC 2019 for Some Members

YB DHM Dr Lee BC (PMPs President 2003-4) has taken personal interest on this issue. Quote (2 April 2019),

“Went to MMC today. APC delayed again this year due to migration of IT system. MMC staff have to process 50k APC manually. Completed about 95%. Hopefully all will be ready by mid-April 2019. My apology to all doctors for the delay.”

APC — Must Know

• Submit application before first day of December

- ~ If there is change of address, remember to notify change by completing a new Appendix A Form.
- ~ Keep a copy of your application for your reference.
- ~ Late application: See under “Fee”.

• Renewal of APC for year 2020

Practitioners should acquire at least 20 CPD points during the period 1/7/18 to 30/6/19.

• Fee

With effect from 1st July 2017

- ~ The APC application fee is RM100.
- ~ Late application is subjected to an additional fee of RM100.

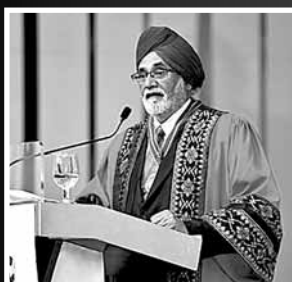
• Evidence of Professional Indemnity Cover

Is compulsory for APC renewal 2021. Ref: MPM. 100-6/3/4(84) dated 04/3/19. Please refer to the following:

- ~ <https://mma.org.my/insurance/>
- ~ MPS — <https://www.medicalprotection.org/malaysia>
- ~ MEDFEND — <http://www.mpi-jlt.com.my/about/the-mpi-scheme>

• APC Online

- ~ You may apply to Malaysian Medical Council online for your APC.
<http://www.mmc.gov.my/apconline/>
- ~ First time user - Please obtain ID and Password by emailing your request (with your full name, I.C number and full registration number) to - unitapc.mmc@gmail.com
- ~ They may take a couple of days to reply.




Academy of Family Physicians of Malaysia (AFPM)
46th Annual General Meeting & Convocation Ceremony

27 & 28 April 2019 (Saturday & Sunday), Sheraton Petaling Jaya Hotel

We are proud of our member Dr Harbaksh Singh who is the President of AFPM 2018-2019. He will be relinquishing his presidentship on the above occasion.

CONFERENCES



**FUTURE CHALLENGES IN
PRIMARY HEALTH CARE
21-23 June 2019**
Pre-congress Workshop: 20 June 2019
Hotel Casuarina@Meru, Ipoh

**11TH ASEAN
& 8TH Perak Health** | **CONGRESS ON PRIMARY HEALTH CARE**

This Congress is jointly held by PMPs, Postgraduate Medical Education Society of Hospital Raja Permaisuri Bainun, and Malaysian Association of Public Health Physicians (Perak Branch) which was roped for the 10th Conference in 2017 to pull in more resources as well as participants.

MMA CPD COMMITTEE has approved the following:-
Pre-Congress Workshop = 4 pts • **THREE-DAY CONGRESS = 20 CPD points.**

THE ORGANISING COMMITTEE under the diligent leadership of President Elect Dr Kamalanathan is working very hard on it. It held the preliminary meeting on 28/3/18 and has had 12 further meetings so far.

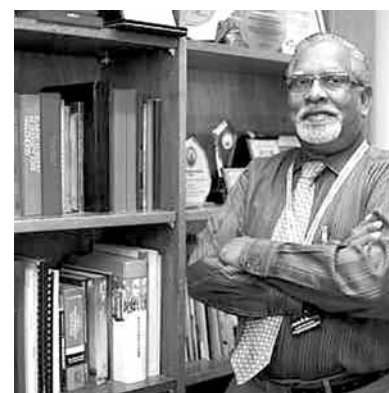
**For registration form and latest on the Congress, please contact Ms Wendy Wong,
email: congress@pmps.org.my or visit <http://www.pmps.org.my>**

59th National MMA Convention & Scientific Congress 2019

27 to 29 June 2019, Putrajaya Marriot Hotel

Another prominent PMPs member, **Prof. Dato' Dr Subramaniam Muniandy**, well known for his skills as master-of-ceremonies, will contest for **President-Elect MMA 2019-2020**. His election address titled **"THE GAME CHANGER MMA NEEDS"** is as follows:

- » To be a catalyst that will bring together the public and private sector as well as alumni and students alike.
- » To bring MMA into the IR 4.0 where Healthcare and education is all about accessibility.
- » To transform MMA into an inclusive and comprehensive association.
- » To create more relevant events that will benefit every member and the society at large.
- » To be transparent, conducive and always evolving with time.
- » To become a pillar of community service.
- » To ensure medical access & education available for those who needs it.
- » To become an active association that has its foundation and voice locally and internationally.



22nd Family Medicine Scientific Conference

31 July to 3 August 2019 Borneo
Convention Centre, Kuching,
Kuching Sarawak

2nd MMA Conference on Health of the Older Person

9 to 11 July 2019
Pullman Kuching Hotel,
Sarawak

48th MMA Perak AGM & Lunch Symposium

28 April 2019
Kinta Riverfront Hotel,
Ipoh

REMINDER

The usual reminder to support your society:

- pay your subscriptions
- check that your latest details are recorded

Please inform your secretariat.

Bank details:

Account name: THE PERAK MEDICAL
PRACTITIONERS' SOCIETY

Bank: Public Bank Berhad

Account number: 3072790829

Send to:

The Perak Medical Practitioners' Society
c/o KPJ Ipoh Specialist Hospital
26 Jalan Raja Dihilir, 30350 Ipoh

TO KEEP YOU CONTINUOUSLY INFORMED AND UPDATED

PMPS WhatsApp groups:

1. PMPS Broadcast:

The Secretariat handled by Wendy uses this one-way avenue to inform members of relevant issues.

2. PMPS Members Forum:

This has become a very vibrant forum. Members are urged to be prudent in using this Forum and avoid inadvertently sending unauthenticated information.

NEW MEMBERS

PMPS warmly welcomes the following new ordinary members whose applications were approved during the last four Committee meetings.

Dr Chong Khok Nyen
Dr Thurai Lingam Shanmuga Lingam
Dr Wong Chong Yuen
Dr Saramma Dhoss (Taiping)

Dr Asoka Dhoss a/l Muthiah Swami Dhoss (Taiping)
Dr Viswanathan a/l Supramanian (Taiping)
Dr Manjit Kaur A/P Charan Singh

PMPS Committee would like to extend warm greetings to members and families on the following occasions:

1 May – Labour Day,

19 May – Wesak,

22 May – Nuzul Al-Quran,

5-6 June – Hari Raya Aidilfitri.

