



# PMPS News

FOR MEMBERS ONLY

AUGUST 2019

ISSUE 22

## President

Dr Kamalanathan AG Raju  
(Community Service  
& Public Forum)

## President Elect

Major Dr R Jeyaratnam  
(Sports & Membership Drive)

## Immediate Past President

Dr Yee Meng Kheong  
(Mentor-Mentee Programme)

## Hon. Secretary

Dr Loke Yee Heng (Tours)

## Hon. Treasurer

Dr Liew San Fui

## Committee Members

Dr Amarjeet Kaur  
(Mentor-Mentee Programme  
& Social)

Dr Chan Chong Guan (CME)

Dr G. Nantha Kumar  
(Membership Drive)

Dr Kumar Thiyagarajah (Sports)

Dr Rajeswaran Paramjothy (Tours)

Dr Rosalind Simon (CME)

Dr Yap Foo Ngan  
(PMPS Newsletter,  
Community Service  
& Mentor-Mentee Programme)

## Editor's Request

Members who are interested to write articles for the Newsletter kindly email: [pmips.secretariat@gmail.com](mailto:pmips.secretariat@gmail.com)  
or fax: 05-2426549  
or post to:  
PMPS Secretariat,  
KPJ Ipoh Specialist Hospital,  
26 Jalan Raja DiHilir,  
30350 Ipoh.

Letters to the Editor / President / Committee may be published in the Newsletter in full or in abbreviated form at the Editor's discretion. If the writer does not wish her/his name to be published she/he must specifically state so.

## From the President's Desk

It is nearly four months since I assumed office on March 26th 2019, and it has been a busy four-month.

I had to be on medical leave for more than one month, but because of the efficient team that I inherited from Dr Yee MK, I was able to keep the organisation going on through emails, WhatsApp, and direct contacts.



## 11th ASEAN & 8th Perak Health Congress on Primary Health Care

One big event that was successfully concluded was the 11th ASEAN & 8th Perak Health Congress on Primary Health Care from 21 June to 23 June 2019 at Hotel Causarina @Meru with the Pre Congress held on 20 June. It was well attended by more than 370 participants. The Guest of Honour to deliver the Dr CVN Prasad Oration was none other than YBhg Datuk Dr Noor Hisham Bin Abdullah, our Director General of Health Malaysia. Other Guests included our State Health Pengarah, Timbalan State Health Pengarah, Hospital HRPB Pengarah, Hospital HBUK Pengarah, Representatives from the four Private Hospitals in Ipoh and the medical faculties of Universiti Kuala Lumpur and Quest International University Perak. The event went well like clockwork without any major hiccups in relation to the various lectures arranged, or the teas and lunches. Syabas to the Scientific Committee and Organising Committee.

Another highlight of the Congress was the arrangement made with MMC by me to open a booth to issue APCs for 2019 and 2020 on the spot. A total of 196 APCs were issued in the one-and-half days that MMC personnel were present here and another 60 APCs were slated to be sent from their KL office. We had also arranged with a Medical Indemnity Brokers Company - Jardine Lloyd Thompson to help our GPs without indemnity cover to get theirs. A total of 10 doctors took their cover, including myself.

*continue in page 2*

Dr Murshid of Gunong Rapat walked away with the grand prize of two tickets to Japan offered by One World Real Estate, one of our sponsors.

## Federation of Private Medical Practitioners Associations Malaysia (FPMPAM) Council Meeting

July saw me travelling to KL for the first time after my illness to attend the first Council Meeting of FPMPAM held at Oriental Pearl Restaurant in Mount Kiara Equestrian Club on the 14 July. Hot topics discussed were the harmonisation of 7th Fee Schedule, the tragic deaths that occurred among Orang Asli in Kg Kuala Koh, drug price control implementation, Doctors' Day programme in Kota Kinabalu and FPMPAM's DrsforAll programme (a series of medical camps in certain remote areas).

## Town Hall Meeting with the Stakeholders (GPs) and Health Minister

Another major event was the Town Hall Meeting with the Stakeholders (GPs) and Health Minister on 11 June in Putrajaya. PMPS and MMA (Perak) jointly arranged a bus to take our members to the meeting. About 30 odd members from Ipoh, under the leadership of Major Dr Jayem our president elect and council member of Private Practitioners Section of MMA. Others went on their own. Promises were made by the Minister. Let us pray for the best.

## Some Impending Activities

1. National Doctors' Day in Kota Kinabalu on 12 October 2019. FPMPAM Council members will be flying over on the afternoon of 11th and there is a medical camp from 10:00 am to 3:00 pm in Keningau and back to K.K. Gala Dinner will be on 12th in Horizon Hotel.
2. Perak Doctors' Day and Installation Dinner on 5 October Saturday, most probably in Kinta River Front Hotel. Expected Guest of Honour YB Dr Lee Boon Chye, our Deputy Minister of Health.

3. Trip to Yangon starting 1 Nov 19, 7D/6N. More details have been sent in your emails or WhatsApp.
4. 3rd FPMPAM / IPH Annual Convention 2019 incorporating 2nd FPMPAM Malaysian Healthcare Conference, 31 August - 1 September 2019, Connexion Conference & Event Centre, Bangsar South, Kuala Lumpur (16 CPD points). Registration fee is RM 400.00 for members and RM480.00 for non-members. Free Registration is given for the first 10 PMPS members in benefit.

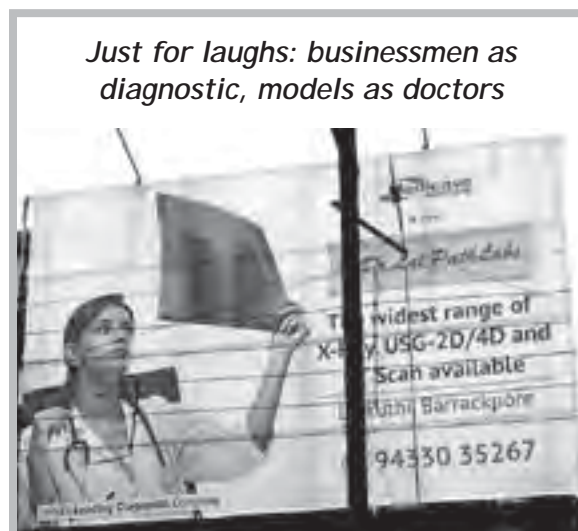
## New Members' Directory

We are going to publish our new Members Directory. So please update your names, telephone numbers, addresses, and emails with Wendy at our Secretariat. Please help us to enrol new members into PMPS.

## Greetings

Please support us so that we can do more for our members. Till the next issue a happy Hari Raya Haji, Awal Muharram and Prophet Muhammad's Birthday to all our Muslim members, happy Merdeka and Malaysia Day to all, happy Deepavali to all our Indian members, and merry Christmas to all celebrating.

*Thank You.*  
*Dr Kamalanathan*  
*AG Raju*



## WORLD HAPPINESS REPORT 2019

MALAYSIA'S PRECIPITOUS  
DROP IN RANK

by Dr Yap Foo Ngan, Editor

The Drop

The World Happiness Report (WHR) 2019 was released on 20 March the International Day of Happiness. Malaysia dropped precipitously to 80th in its ranking for happiness score from 35th in WHR 2018. See Table 1.

Table 1: Malaysia in the World Happiness Reports 2015 to 2019

WHR (Malaysia)	Happiness Score	Rank	No. of Countries
2015	5.77	61	158
2016	6.01	47	157
2017	6.08	42	155
2018	6.32	35	156
2019	5.34	80	156

*Note:* The happiness score is derived from the combined data from three preceding years, e.g. for WHR 2019 it is from the years 2016-2018. *Ref:* Respective World Happiness Reports, at respective 'Chapter 2 Online Data'

The Reasons

The World Happiness Report is published by Sustainable Development Solutions Network of the United Nations annually since 2012 (except 2014). The happiness score is based on subjective wellbeing (SWB). The SWB measure is the national average response to the question of life evaluations "Please imagine a ladder, with steps numbered from 0 at the bottom to 10 at the top. The top of the ladder represents the best possible life for you and the bottom of the ladder represents the worst possible life for you. On which step of the ladder would you say you personally feel you stand at this time?"

There are six variables supporting the score:

1. Gross Domestic Product (GDP) per capita – the purchasing power parity at constant 2011 international dollar prices (14 November 2018 update of the World Development Indicators)
2. Social support – national average of the binary responses (either 0 or 1) to the Global World Poll (GWP) question "If you were in trouble, do you have relatives or friends you can count on to help you whenever you need them, or not?"
3. Healthy life expectancy at birth – based on the data extracted from the World Health Organization's Global Health Observatory data repository
4. Freedom to make life choices – the national average of responses to the GWP question "Are you satisfied or dissatisfied with your freedom to choose what you do with your life?"
5. Generosity – the residual of regressing national average of response to the GWP question "Have you donated money to a charity in the past month?"
6. Perception of corruption – the national average of the survey responses to two questions in the GWP: "Is corruption widespread throughout the government or not" and "Is corruption widespread within businesses or not?" The overall perception is the average of the two 0-or-1 responses.

The 2009-2018 scores and figures for happiness, the above variables as well as 'confidence in national government' for Malaysia are shown in Table 2.

The numbers are marvelously revealing in connection with Malaysia's change of government around mid-2018.

*continue in page 4*

Table 2: World Happiness Report Scores for Happiness, Six Variables and Confidence in National Government, 2009-2018, Malaysia

Year	Happiness Score	Log GDP per capita	Social support	Healthy life expectancy at birth	Freedom to make life choices	Generosity	Perceptions of corruption	Confidence in national government
MALAYSIA								
2009	5.38	9.90	0.79	65.44	0.87	-0.02	0.86	0.82
2010	5.58	9.96	0.84	65.60	0.77	0.02	0.84	0.73
2011	5.79	9.99	0.77	65.76	0.84	-0.03	0.84	0.79
2012	5.91	10.03	0.84	65.92	0.85	0.00	0.85	0.76
2013	5.77	10.05	0.83	66.08	0.79	0.25	0.76	0.75
2014	5.96	10.09	0.86	66.24	0.81	0.23	0.84	0.63
2015	6.32	10.13	0.82	66.40	0.67	0.21	0.84	0.44
2018	5.34	10.24	0.79	67.00	0.87	0.11	0.89	0.73

Notes: The relevant data over 2016-2017 for Malaysia were not stated in WHR 2019. Grey boxed figures refer to the worst. Black boxed figures refer to the best. Ref: <https://worldhappiness.report/ed/2019/>; Chapter 2: Online Data

Confidence in the national government — This is from Gallup's National Institutions Index. The relevant index question is "Do you have confidence in each of the following, or not? How about the national government?"

The timing of the relevant surveys might have bearing on the figures shown for respective years. The happiness score for 2018 was worse than the beginning of the period i.e. 2009, and the worst of the 10 years. This corresponded with the worst score for perceptions of corruption for the same year and the worst score for confidence in national government in 2015. Note that the scores for confidence in national government declined during the period 2009-2015 starting with the best score in 2009. There was an uptrend reversion in 2018.

#### Conclusions — Researchers, Healthcare Professionals and Government

Malaysia's happiness scores and the figures for most of the contributing factors from 2009 to 2018 fluctuate over the period, but the healthy

life expectancy figures increased steadily without a single reversion. This speaks well for healthcare professionals. It can be argued that the contribution is mainly from primary care and public health since it is about "healthy life expectancy" and not just "life expectancy".

GDP per capita also progressed steadily over the period. This may have a greater effect on both healthy life expectancy and wellbeing than healthcare services.

Medical researches conduct many researches on diseases. It is pertinent for them to conduct researches on the factors involved in health and happiness especially on the importance and optimal model of primary healthcare for Malaysia.

Healthcare professionals especially personnel in primary healthcare play an important role contributing to the citizens' wellbeing. However much more is on the shoulders of the government. A caring and non-corrupt government is vital.



# 11<sup>TH</sup> ASEAN & 8<sup>TH</sup> Perak Health CONGRESS ON PRIMARY HEALTH CARE

**FUTURE CHALLENGES IN  
PRIMARY HEALTH CARE**  
21-23 June 2019

*(See report in President's Message)*

Pre-Congress Workshops – Ultrasound & Intra-articular Procedures



## Opening of Congress

Datuk Dr  
Noor Hisham,  
DG Ministry of Health



Dr Kamalanathan,  
Organising Chairman



Dr Jeeyaselan,  
Organising  
Co-Chairman



With DG & State Health Director at Trade Exhibition



Dr Yee,  
Congress Advisor



Tea with DG & State Health Director



Dr Paranthaman,  
Congress Scientific  
Chairman &  
Ms Easaw,  
Speaker

*continue in page 6*



Never too senior to learn

At the Debate

## FPMPAM MENTOR-MENTEE

### PROGRAMME IN PERAK

**Dr Yee Meng Kheong,  
Co-coordinator, PMPS Mentor-Mentee Programme**

We started our programme in February 2018 with the first batch of seven mentees. Then in our second batch from September to November 2018, we had 16 mentees. In our third batch from February to April this year, the number went up to 22 mentees. (Actually 25, as I managed to refer one to Penang and two to KL).

I foresee we will have even more mentees in this coming batch, which will be from September to November, a three-month duration.

We are very thankful that in Perak we have keen doctors who are willing to mentor these graduates. Judging from the feedback from all previous three batches, they benefited immensely from their

attachments with all the mentors they were with. Without mentors this program of ours will not be possible.

We would like to appeal to more doctors in Perak to volunteer their time in helping us guide these young boys and girls who have graduated and are waiting for the houseman posting.

Presently we have several GPs from Ipoh, Sitiawan/ Air Tawar and Langkap, specialists from Hospital Fatimah, KPJ Ipoh, Pantai Hospital Ipoh, Perak Community Specialist Hospital, Tai Orthopaedic Centre and Apollo Medical Centre, Taiping. We would like to invite more doctors to join us so that we can have a bigger pool of mentors.



Kindly contact Dr Amarjeet Kaur 012-5226662 or Dr Yee Meng Kheong 017-5784530.





# MINISTRY of HEALTH

## TOWN HALL MEETING ON 11 JUNE 2019

by Dr Jeyaratnam M Ratnavale

The day we were anxiously waiting for, the Town Hall Meeting with the Minister of Health and his team finally arrived. Bright and early in the morning, 25 private practitioners from Perak boarded a bus at KPJ Ipoh Specialist Hospital. We headed to Dewan Seri Endon, Putrajaya, stopping for breakfast and lunch along the way.

The event brought together about 850 doctors from all around the country. A lot was said at the forum. Although the minister seemed genuine in addressing our problems and doubts, he was very tactful in his answers to the doctors' questions.

Additionally, there was a counter manned by the Malaysian Medical Council enabling about 200 attendees to renew their annual practicing

certificates for the year 2020 and collect them on the day itself.

The meeting adjourned around 6:00 pm and we were treated to tea and cakes at the hall. After filling our stomachs, we boarded the bus straight to Ipoh and reached KPJ Hospital at 10:00 pm.



### THE MAIN ISSUES DISCUSSED WERE:

- Gazettement of the 7th Fee Schedule
- Regulation of Managed Care Organisation/  
Third Party Administration
- Enhancement of general practice
- Medicine price control
- Non-implementation of dispensing separation



## PMPS COMMITTEE MEETINGS

The present PMPS Committee 2019-2021 was elected at the 79th PMPS AGM on 24 March 2019. It has held two meetings so far. The meetings are usually held at KPJISH Meeting Room, on Sunday 3:00pm to enable as many committee members as possible to attend.

## COMMUNITY SERVICE

### Blood / Organ Donation, Health Screening and Exhibition (Menglembu, Ipoh)

by Dr Yap Foo Ngan

#### **Organisers:**

Pertubuhan Sri Sathya Sai Baba Centre Perak, Rotary Club Kinta, PIBG SMK Kledang, and PMPS with active participation from Pejabat Kesihatan Daerah Kinta.

#### **Date / Time:**

27 April 2019 (Saturday); 9:00 am - 2:00 pm

#### **Place:**

Dewan SMK Keledang, Menglembu

#### **Activities:**

Health education talk, screening for overweight (BMI) hypertension (BP) and diabetes (glucometer test), consultations by doctors (family physician, gynaecologist, paediatrician and ophthalmologist)



### Blood Donation and Health Screening (Sitiawan)

by Dr Ho Koh Hauw,  
Chairman, Sitiawan Chapter

**Organiser:** PMPS Sitiawan Chapter.

**Date / Time:** 12 May 2019 (Sunday);  
8:30 am - 12:00 noon

**Place:** Wesley Methodist Church,  
Sitiawan

#### **Blood donation:**

Total number of blood donors was 57,  
eight rejected, 49 successful

#### **Dengue awareness:**

350 people visited the booth

#### **Health screening:**

blood pressure, blood sugar and body  
mass index; 88 people





## TOURS

Coordinators — Dr Loke Yee Heng and Dr Dr Rajeswaran Paramjothy

### 2D1N TELUK INTAN-SKY MIRROR

When word went out about this trip, places quickly filled up and before long we had 44 participants, comprising members and friends.

At 7:00 am 15 June 2019 we boarded our coach and we were on our way. First stop was at Gopeng town where we had breakfast.

Gaharu Tea Valley was our next stop. We had a mini presentation on how the estate started in 2012.

The plantation has over 200,000 trees of a special hybrid *Aquilaria* spp species which is critically endangered in the wild. Gaharu is the local Malay name for this tree better known as Agarwood, Aloes or Eagleswood. We toured the plantation on their buggies, and bought tea/noodles/ice-cream etc. from their shop.



Gopeng



Tg Tualang Prawn Village

Tg Tualang Prawn Village was our next stop. This was a fairly new restaurant serving the famed tualang big-head prawns and other fresh seafood.

After lunch we travelled to **Teluk Intan** where we had the famous chee cheong fun (rice noodles). After visiting the leaning tower in the town square we hopped onto motor boats which took us on a **Perak River** cruise. We cruised near an island in the river where the birds came to nest at end of the daylight and bird enthusiasts among us could recognise egrets among a few other species.

We saw the sun set and in the darkness we also saw fireflies. Dinner was another satisfying seafood menu at a local restaurant. After spending a night in Teluk Intan's Grand Court hotel, we were off to an early start the next morning.



Fun at Geharu



Geharu Tea Valley

*continue in page 10*





Teluk Intan Clock Tower



At Perak River Cruise jetty



'Bird Island'



Waiting for sunset



Sunset



All 44 of us!



Sky Mirror's hilarious tour/  
photography director



our two beloved  
**most senior members**



The highlight of the trip was the visit to **Sky Mirror** in Sg Burung at the mouth of Perak River near Bagan Datoh. A short boat ride took us to a strip of dry land where the sea water had receded according to the time of the tide. The photos taken of the shallow waters mirroring the subjects against blue skies were stunning. We also had the hilarious photography director who happened to be the owner of the Nine Island Tour Agency. **Sg Burung** is a small fishing village community. We were taken on a tour of the village to see their small industries including

fish-ball/fish noodles/prawn keropok production. After a seafood (yes, another one) meal, we headed home but not before stopping at a famous biscuit shop where we shopped for locally made traditional biscuits and banana crisps.

Everyone had a good time of fellowship and seeing local attractions which we never knew about. Let us support local tourism before foreign tourists flood in and raise prices!

**FUTURE TOUR: PMPS is organising a tour to Yangon-Bago-Golden Rock-Inle-Bagan (7D6N) from 1-7 Nov 2019. To confirm booking, please submit names and passport number to Wendy.**

*Preamble: Myanmar (formerly Burma) is a Southeast Asian nation of more than 100 ethnic groups, bordering India, Bangladesh, China, Laos and Thailand. Yangon (formerly Rangoon), the country's largest city, is home to bustling markets, numerous parks and lakes, and the towering gilded Shwedagon Pagoda, which contains Buddhist relics and dates to the 6th century.*

## SPORTS

### PMPS GOLF 2019 by Dr Michael Cheong, Convener



The PMPS Golf 2019 Champions of three categories



PMPS Golf 2019 Committee & PMPS Sports Coordinators



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The PMPS Annual Golf was held on 14 July 2019 at the Royal Perak Golf Club Ipoh at 1:00 pm. 36 golfers (4 ladies) registered to play. This was followed by a fellowship dinner at TS VIP Restaurant, Ipoh at 7:30 pm. The "PMPS Best Nett Champion" was won by Dr Kek Kim Huat and "PMPS Best Gross Champion" was won by Dr Awtar Singh Dhillon. The "PMPS Lady

Golfer's Champion" trophy went to Miss Ashwin Kaur (Dr Harbaksh's daughter). Besides giving out the prize winners, all other golfers who were present were given lucky draw prizes. Dr Michael Cheong gave a big thank you to the Golf Committee, Dr David Yeo, Dr Chew Teik Chye and Dr Seet Chee Lin for their help in the event.

## PMPS ANNUAL GAMES 2019

by Dr Kumar, Sport Coordinator

The following are planned. Wendy will send out the notice once all confirmed.  
For convenor's contact details, please see Wendy's whatsapp message.

Game	Venue	Date	Time	Convenors
Bowling	Ipoh Bowl, Aeon Kinta City	Wed, 21 Aug	8:30 - 10:00 pm	Dr Leong Siew Mun
Tennis	DBI Courts	Sun, 25 Aug	5:00 - 7:00 pm	Dr T Kumar Dr Yee Meng Kheong
Table tennis	Ipoh Swimming Club	Sun, 25 Aug	1:00 - 3:00 pm	Dr Phang Chong Hoe
Badminton				Dr Yong Yew Kay
Squash				Dr Lai Thian Seong

## ANNOUNCEMENTS & NEWS

### PRESENTATION SLIDES

*of*

**THE 11TH ASEAN & 8TH PERAK HEALTH CONGRESS ON PRIMARY HEALTH CARE  
ON 21-23 JUNE 2019**

Please note the above as well as issues of PMPS News are available at:  
<http://www.pmps.org.my/>

### NATIONAL DOCTORS' DAY

*see some details in President's Message*

**Date:** 12-13 Oct 2019 (Sat-Sun)

**Venue:** Kota Kinabalu

*Medical Camp on 12 Oct, organised by*

*Association of Private Practitioners Sabah and  
FPMPAM at Tegudon Tourism Village, Kota Belud  
<https://g.co/kgs/A3Swa7>*

### PERAK DOCTORS' DAY & PMPS INSTALLATION DINNER

**Date:** 5 Oct 2019

**Venue:** Kinta Riverfront Hotel & Suites,  
Ipoh

**Guest of Honour:**  
Dr Lee Boon Chye,  
*Deputy Minister of Health*

TRIP TO YANGON  
starting 1 Nov 19, 7D/6N.

More details have been sent in your emails or WhatsApp.

TOURS AND SPORTS –

Please see  
under respective  
sections above for future events

ANNUAL PRACTISING CERTIFICATE (APC)

RENEWAL

Doctors, did you fail to get 20 CPD points? No APC for you?

[https://new.medicine.com.my/2019/07/  
doctors-did-you-fail-to-get-20-cpd-points-no-apc-for-you/  
?utm\\_source=dlvr.it&utm\\_medium=twitter](https://new.medicine.com.my/2019/07/doctors-did-you-fail-to-get-20-cpd-points-no-apc-for-you/?utm_source=dlvr.it&utm_medium=twitter)



According to the MMC CPD Guidelines,  
([http://mmc.moh.gov.my/images/contents/apc/MMC-CPD\\_Guidelines.pdf](http://mmc.moh.gov.my/images/contents/apc/MMC-CPD_Guidelines.pdf))  
there is some hope as there is an avenue for appeal on a case by case basis.

From the Guidelines, it states:

- 11.0 Exemption from CPD activities
- 11.1 Medical practitioners may apply to the MMC-CPD committee for exemption from the CPD activities with valid reason(s) which includes:
  - a. career's leave;
  - b. personal hardship;
  - c. long service leave/sabbatical;
  - d. parental leave;
  - e. sick leave;
  - f. other significant absence from practice;
  - g. any other valid reason.
- 11.2 All applications shall be supported by appropriate documentation.
- 11.3 The MMC-CPD Committee shall review the application on a case-by-case basis and make appropriate recommendations to the Council.

# ..... Congratulations! .....



We warmly congratulate Professor Dato' Dr M Subramaniam (Head of Surgical Based Department, Universiti Kuala Lumpur-Royal College of Medicine Perak) on being elected as the President-Elect of Malaysia Medical Association (MMA) for 2019-2020 during the recent MMA AGM (27 - 29 June 2019). The present MMA President (2019-2020) is Dr N Gnanabaskaran. Prof Dato' Dr Subramaniam will take over the president post in July 2020.

## CONFERENCES

### Announcement

## 3<sup>rd</sup> FPMPAM / IPH Annual Convention 2019

## 2<sup>nd</sup> *incorporating* FPMPAM Malaysian Healthcare Conference

31st August – 1st September 2019  
Connexion Conference & Event Centre  
Bangsar South, Kuala Lumpur

### Hotspots in Outpatient Medicine and Malaysian Healthcare

[www.fpmpam.org](http://www.fpmpam.org)

16 CPD  
points  
accredited

Organised by:



Federation of Private Medical  
Practitioners' Associations, Malaysia



With participation of:



Medico-Legal  
Society of Malaysia



Academy of Medicine  
of Malaysia



Association of Specialists in  
Private Medical Practice  
Malaysia

**mma**  
MALAYSIAN MEDICAL ASSOCIATION  
PENANG



## 22<sup>nd</sup> Penang Teaching Conference for General Practitioners

CPD points: 20

Date: 13 – 16 Sept 2019

Venue: Bayview Hotel Georgetown,  
Penang

Organiser: MMA Penang

[http://www.mmapenang.com/  
22nd-penang-teaching-conference-for-  
general-practitioners](http://www.mmapenang.com/22nd-penang-teaching-conference-for-general-practitioners)







## WHY JOIN PMPS?



The membership of PMPS is open to registered medical practitioners and dental surgeons resident in Perak. It has been established to help contribute to the well-being of its members as well as the public through the following objectives as stated in its constitution.

### OBJECTIVES

- a) To encourage and foster friendship amongst its members.
- b) To encourage the further development of medical science whenever possible.
- c) To protect and promote the professional interests of its members.
- d) To promote and maintain professional ethics.
- e) To enlighten the public on matters of health.
- f) To carry out community services to the Malaysian public.

### BENEFITS TO MEMBERS

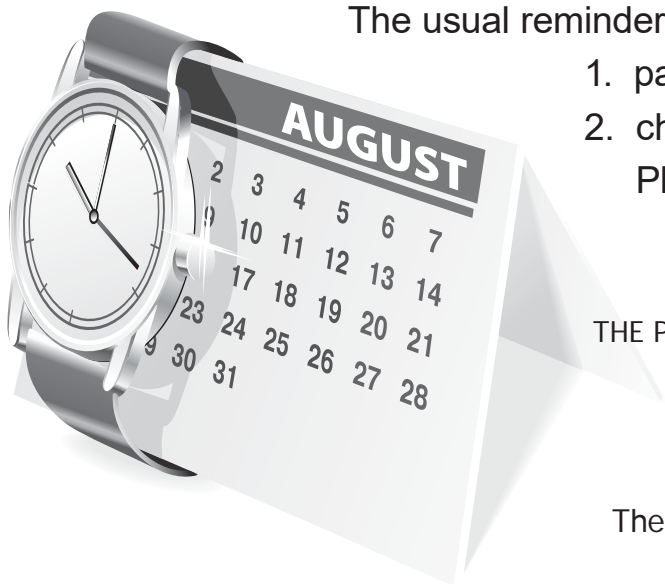
- a) **Continuous Professional Development (CPD)** — PMPS is a registered CPD provider. It regularly holds CPD sessions for its members together with other medical organisations.
- b) **Discount of registration fee for PMPS' 2-yearly Congress On Primary Health Care.** E.g. the registration fee for PMPS members for the 11h Conference in Jun 2019 was RM300 compared to RM400 for non-member doctors. Note that this discount is equal to twice the annual subscription of RM50.
- c) **Others** — these are evident when you go through this PMPS News, which also keeps you informed of issues relevant to you and which you receive free.

## TO KEEP YOU CONTINUOUSLY INFORMED AND UPDATED

### PMPS WhatsApp groups:

1. **PMPS Broadcast:**  
The Secretariat handled by Wendy uses this one-way avenue to inform members of relevant issues.
2. **PMPS Members Forum:**  
This has become a very vibrant forum. Members are urged to be prudent in using this Forum and avoid inadvertently sending unauthenticated information.

## REMINDER



The usual reminder to support your society:

1. pay your subscriptions
2. check that your latest details are recorded.

Please inform your secretariat.

*Bank details:*

Account name:

THE PERAK MEDICAL PRACTITIONERS' SOCIETY

Bank: Public Bank Berhad

Account number: 3072790829

*Send to:*

The Perak Medical Practitioners' Society

c/o KPJ Ipoh Specialist Hospital

26 Jalan Raja Dihilir, 30350 Ipoh

## NEW MEMBERS

Ordinary Member — Approved at PMPS Committee meeting on 7 Jul 2019:

Dr Prasanna Latha

Dr Reuben Sekar Muthiah a/l Aruputham

PMPS Committee would like to extend  
warm greetings to members and families  
on the following occasions:

*Happy Merdeka and Malaysia Day to all.*

*Festival Greetings on  
Hari Raya Haji, Awal Muharram,  
Prophet Mohammad's Birthday,  
Happy Deepavali and Merry Christmas  
to all the respective faiths celebrating.*