



PMPS News

FOR MEMBERS ONLY

APRIL 2023

ISSUE 33

President

Dr Loke Yee Heng (Social & Tours)

President Elect

Dr Nanthakumar Gunaratnam (CPD)

Immediate Past President

Major Dr Jeyaratnam Ratnavale
(Membership Drive, Sports)

Hon. Secretary

Dr Amarjeet Kaur (Social & Tours,
Mentor-Mentee Programme)

Hon. Treasurer

Dr Yee Meng Kheong
(Mentor-Mentee Programme)

Committee Members

Dr Kamalanathan AG Raju
(Community Service
& Public Forum)

Dato Dr Sushil Kumar Ratti
(Membership Drive, CPD)

Dr Lai Thian Seong (Sports)

Dr Yap Foo Ngan (PMPS Newsletter)

Dr Kumar Thiyagarajah (Sports)

Dr Sumithra Sivasuntharam
(Membership Drive, CPD)

Dr Ding Soo King (Social & Tours)

From the President's Desk



Greetings from Sahara (Morocco)

It is now almost a month since the AGM of 2023. We are now coming out of the COVID Pandemic and it seems as though the world is revolving at a faster pace as though trying to make up for the "lost time".

And I am proud to present my **new committee**, a good mixture of old and new committee members from family medicine practice to specialists. We have hit the road running, and several programmes are in the oven baking! We want to bring the fun back into our society. We also want to attract new members into our midst, because the society's flavour depends on its component members, and upon their participation.

I encourage all members to contact either myself or any of my committee members to tell us your ideas, comments, suggestions for the society to help us serve you better.

FPMPAM will be holding its AGM on 30 April 2023. Over the long Labour Day weekend, is also held the Joint Scientific Meeting with the theme "Clinical and Non-Clinical Challenges in Private Practice – Post Pandemic". This is eligible for 12 CPD points.

Editor's Request

Members who are interested to write articles for the Newsletter kindly email:

pmips.secretariat@gmail.com

or fax: 05-2426549

or post to:

PMPS Secretariat,
KPJ Ipoh Specialist Hospital,
26 Jalan Raja DiHilir,
30350 Ipoh.

Letters to the Editor / President / Committee may be published in the Newsletter in full or in abbreviated form at the Editor's discretion. If the writer does not wish her/his name to be published she/he must specifically state so.

*Finally, I wish you happy Puthandu Tamil, Vishu Malayalee,
Poleha Boishakh Bengali New Year, happy Easter,
and may this be a fruitful year for all!*

Dr Loke Yee Heng

PMPS COMMITTEE MEETINGS

PMPS Committee (2021-23) met 14 times during two years although by constitution the Committee needs to meet four times per year.

PMPS Committee (2023-25) had its first meeting on 19/3/23, just after the 83rd AGM. It has scheduled its second meeting on 16/4 (Sunday).

83rd AGM, CPD, BOOK SALE This was held on 19/3/23 at MU Hotel



Dr Wu Lien Teh Lecture going on



Memento presented to the Speaker

Dr Anand wrote the biography of his father “Portrait of a Malaysian Anaesthetist: T. Sachithanandan — Pioneer, Leader, Gentleman”, which was introduced in our last issue of PMPS News. PMPS Committee arranged for the book to be sold during the event, at RM100 per book. The entire proceeds would go to Malaysian Society of Intensive Care and Lung Cancer Network Malaysia.

Programme

4:00 PM	Registration
	Welcome Address by Dr Jeyaratnam Ratnavale
4:20 PM	Introduction to “Dr Wu Lien Teh Lecture” by Dr Yap Foo Ngan
	CPD (1 CPD point)
4:30 PM	Dr Wu Lien Teh Lecture, Topic “Contemporary Lung Cancer Care During COVID-19 and Beyond: Challenges & Opportunities” Dr Anand Sachithanandan, Consultant Cardiothoracic Surgeon, Sunway Medical Centre, Subang Jaya
5:40 PM	Tea Break
6:00 PM	AGM



The new Committee meeting members

PMPS INFORMAL NIGHT

17 DECEMBER 2022

*Dr Yee Meng Kheong,
Hon. Secretary (2021-23)*

We had our Informal Night on Sunday 17th December at the Neptune Hall, Ipoh Swimming Club. It was attended by 42 members together with their spouses and some children.

We had a good gathering, after a lapse of 3 years because of COVID. The members had a pleasant evening reminiscing about old times, especially times before COVID. Also to catch up with the present happenings.

Prizes (T-shirts and Jusco vouchers) were given out to all those who participated in our annual games on 6th March, bowling on 15th November and those who participated in the friendly games with Penang PMPS on 27th August.

To end the night, our regular 'crooners' took over the microphone to give us some entertainment. It was a good evening.



MMA PERAK BRANCH

**51st Anniversary Banquet
18 March 2023**

PMPS was invited to book a table in the Banquet at Galasa Caldwell



COMMUNITY SERVICE

PMPS Sitiawan • 2 Apr 2023

SCREENING & BLOOD DONATION CAMPAIGN

Dr Ho Koh Hauw

Dr Ho, PMPS member from Sitiawan, in partnership with PMPS, organised BP / BS and Blood Donation Campaign on behalf of Wesley church Sitiawan. This was a regular campaign resumed after the COVID-19 MCO.

A total of 52 people came for the medical screening. 29 people came to donate their blood but only 20 of them were accepted.



ANNOUNCEMENTS

TOURS

**2D1N Bentong -
Bukit Tinggi - Raub Tour
(25 - 26 June 2023)**

The above is being planned. When finalised members will be informed via PMPS Broadcast (WhatsApp).

CPD

A CPD was held in connection with the 83rd AGM just held. CPR training is being planned.

PROSTATE CANCER AWARENESS INITIATIVE – BEAT PROSTATE CANCER

In Malaysia, more than 60% of prostate cancer cases are diagnosed at an advanced stage. The Urological Cancer Trust Fund, a nonprofit entity under the Faculty of Medicine, Universiti Malaya, is committed to increasing public awareness of urological cancers particularly prostate cancer and encouraging early detection of prostate cancer.

Ref: <https://www.beatprostatecancer.my/>

The Prostate Cancer Training Programme online module for healthcare professionals (PCaT) is free. It can be completed in less than one hour, earning 1 CPD point. Please see

<https://acord.my/RLOs/prostate-screening/>

ANNUAL PRACTISING CERTIFICATE (APC) RENEWAL

SUBMIT APPLICATION BEFORE 01 DECEMBER EACH YEAR

- **CPD Points**
 - Period to obtain CPD points for **APC 2024**: between 01 July 2022 and 30 June 2023.
- **Professional Indemnity Cover**
 - compulsory from **APC 2021** onwards.
- **Fee**
 - The APC application fee is RM100.
 - Late application is subjected to an additional fee of RM100.
- **Enquiries**
 - <https://mmc.gov.my/certification/#apccert>
 - <http://meritsmmc.moh.gov.my/>
 - Whatsapp: [016-3261751](https://wa.me/016-3261751)

MEMBERSHIP

WELCOME

NEW MEMBERS

PMPS welcomes the following new members:

LIFE member: Dr Dharmini Veerakumaran

ORDINARY member:

Dr David Leong Wei Jie

Dr Evelyn Jeyenthi Anantham

Dr Karthik Muthumanickam Kannairan

Dr Wanitha N Goplasamy

Reminder

The usual reminder to support your society:

1. pay your subscriptions
2. check that your latest details are recorded.

BANK DETAILS

Account name:

THE PERAK MEDICAL PRACTITIONERS' SOCIETY

Bank: Public Bank Berhad

Account number: 3072790829

Send to:

The Perak Medical Practitioners' Society
c/o KPJ Ipoh Specialist Hospital
26 Jalan Raja Dihilir, 30350 Ipoh

Benefits To Be PMPS Members

The membership of PMPS is open to registered medical practitioners and dental surgeons resident in Perak.

- a) **Continuous Professional Development (CPD)** – PMPS is a registered CPD provider. It regularly holds CPD sessions for its members.
- b) **PMPS News** – Each issue is emailed and WhatsApped to members. It keeps you informed of issues relevant to members. All issues are available at <http://www.pmps.org.my/>.

To Keep You Continuously Informed and Updated

1. **PMPS Broadcast** – The Secretariat handled by Wendy uses this one-way avenue to inform members of relevant issues and sending soft copies of PMPS News when published.
2. **PMPS Members WhatsApp Group** – Members are urged to be prudent in using this chat group and avoid inadvertently sending unauthenticated information.

Fun corner

Googlopathy
It's a most
modern branch
of medicine
where Patient
Prescribes
Medicines to
His Doctor



**PMPS Committee would like to extend warm greetings
to members and families on the following occasions:**

Hari Raya Aidilfitri 22-24 Apr (Sat-Mon)

Wesak 4 May (Mon)

Hari Raya Haji 29 Jun (Thu)

Labour Day 1 May (Mon)

Agong's Birthday 5 Jun (Mon)

Awal Muharram 19 Jul (Wed)

When a public holiday falls on a Sunday, it is replaced on the following Monday.